CERTIFIED HORSEMANSHIP ASSOCIATION
INTERNATIONAL CONFERENCE 2010

OCTOBER 21ST – 24TH, 2010
The Oaks Equestrian Center
Lake City, Florida

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Celebrating Our 43rd Anniversary
Welcome to The Oaks

On behalf of the entire staff of The Oaks Equestrian Center, Dicks Realty and Bryan Zecher Homes, an independent Arthur Rutenberg franchisee, we would like to extend our welcome to you in attending the 2010 CHA International Conference.

We are honored to have been selected to host this prestigious event. We wish to do anything within our means to ensure one of the most enjoyable conventions in recent years.

If there is anything our staff can do to make your attendance more enjoyable, please, don’t hesitate to ask.

Sincerely,

Brad Dicks,
Owner/Developer

For community information, visit our sales staff, or log onto TheOaksLakeCity.com
Lake City and the Suwannee River Valley is representative of “Old Florida” with moss laden Oak Trees and a laid-back lifestyle that harkens to earlier times. The storied Suwannee River meanders through the region and is Florida’s quintessential river. The Suwannee River is nationally renowned for great canoeing and kayaking. Ichetucknee Springs State Park is just a few miles from The Oaks and is the nation’s most pristine river and emits enough water to provide every man, woman and child on earth with five-ounces of water daily. Whether you’re here for a few days... or for the rest of your life, you’re going to discover that Lake City and the Suwannee River Valley are a place to which you’ll yearn to visit again.

The Oaks is excited to be the host of the 43rd Annual CHA International Conference! Welcome to an exciting weekend of seminars, training and fellowship with equestrians of all backgrounds and expertise. While at The Oaks, we hope that you take the time to enjoy our facility and get to know our community and all we have to offer. The Oaks of Lake City is excited about the opportunity to be working with such a prestigious organization as the Certified Horsemanship Association. Our Equestrian Center was designated in 2009 as a CHA Site of Accreditation and we want you all to feel like The Oaks is your home away from home.

Conveniently located in the triangle between Ocala, Jacksonville and Tallahassee, The Oaks of Lake City provides all the advantages of Florida living, with the benefits of a north central location which allows for a milder climate and seasonal changes. With the peace and beauty of small town living, yet the ease of access to the cultural activities and conveniences of Gainesville and Jacksonville, The Oaks of Lake City provides the best of both worlds. With majestic views of Live Oak trees, rolling hills and an abundance of green space, The Oaks of Lake City is an ideal neighborhood for any nature enthusiast. The Community boasts over 1,200 acres and multiple types of home sites to choose from. The peaceful setting of the equestrian center, with the atmosphere of a small town, and a wide variety of activities makes The Oaks of Lake City what has been referred to as “the new best planned community in North Florida.”

The Oaks Equestrian Center spares no expense and is the world’s first Five Star Audubon Certified equestrian facility. Nestled within The Oaks of Lake City community, the equestrian facility caters to residents and their guests. As the Inaugural O’Connor Signature Facility, The Oaks Equestrian Center operates with the highest standard of horse care, a hospitality style staff and a multitude of concierge services available to facility members. The unique programming offered by the equestrian center creates a welcoming environment for all riding disciplines.

Please don’t hesitate to ask questions of our staff, take tours of the facility, and our model home, to get a feel for what life at The Oaks is all about. On behalf of The Oaks Community and the Equestrian Center Staff, I hope that you have an exciting and educational weekend that is sure to create lasting memories!

**Welcome to the 2010 Certified Horsemanship Association (CHA) International Conference in beautiful Lake City, Florida.**

It is with great pleasure that we welcome you to Lake City, FL. The home of the 2010 CHA International Conference! What a beautiful city, state and facility that will host us this year. We are very excited to have you join us at the prestigious O’Connor signature facility The Oaks Equestrian Center. This year continues to offer a wonderful slate of speakers who will be presenting various seminars, mounted demonstrations and skills that offer something for everyone! Thank you so much for your support of CHA and we look forward to seeing you during the conference.

**Tara Gamble, CHA President**

tgambles@cha-ahse.org


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**The Oaks**

**Equestrian Center**

**Lake City, Florida and The Oaks Equestrian Center – an O’Connor Signature Facility**

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Immediate Past Pres.: Pat Mullins, pmullins37@aol.com

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A Great Vacation Begins in the Suwannee River Valley

Festivals and Events that Tell the Story Of our Community

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For help planning your Suwannee River Valley Vacation Visit our

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1-877-746-4778
SPECIAL EVENTS

- HIGHLIGHTS -

SILENT AUCTION

To be held Thursday – Saturday

Final bids accepted on Saturday night. Make sure to stroll through the auction area and bid on your favorite items. All proceeds benefit CHA to help provide scholarships to those who need financial help to attend a CHA clinic.

CHA ANNUAL AWARDS BANQUET

Saturday Night, October 23rd at 7 p.m.
– Holiday Inn Hotel

Help us celebrate in our best dress (black jeans are fine!) as we toast the following award winners:

CHA Volunteer of the Year

CHA Instructor of the Year

Clinic Instructor of the Year

Partnership in Safety Award

CHA School Horse of the Year

CHA Distinguished Service Award

MOUNTED AND HANDS-ON HORSE SESSIONS

All mounted and hands-on horse sessions will be held in the covered, outdoor arena, or round pen at The Oaks Equestrian Center. Four riding spots are available for almost every mounted session. Riders sign up ahead of time at registration for the session of your choice. Make sure to note riding ability at the top of each form, do not sign up to ride in a class that is being taught at a higher level than you ride. Limit one ride time per person for the entire conference to make sure we have enough room for all. Riding spots are not open to day rate participants. All are welcome to audit all sessions. Keep in mind that all riders will be given a thorough safety check before starting their session. Helmets and boots are required.

SEMIX – PRIVATE LESSONS
WITH MITZI SUMMERS AND
CHERYL ROHNIKE-KRONSBERG

Cost of semi-private dressage and western lessons is $55 for one hour per person with all proceeds going to CHA for the scholarship fund.

EXHIBITS & CHA PRODUCT LINE
– Holiday Inn Hotel

Please take the time to shop and check out the great items on sale from CHA, our sponsors and vendors. Order CHA logo wear products at conference and get free shipping!

CHA MEET AND GREET RECEPTION

Thursday, October 21st at 5 p.m.
– Holiday Inn Hotel

Enjoy appetizers and a cash bar while you meet fellow CHA members, The Oaks Equestrian Staff, Lake City leaders and others. Hear welcome address from Lake City mayor Stephen Witt and keynote speech from Olympian David O’Connor.

LUNCHES AT

THE OAKS EQUESTRIAN CENTER

Sponsored by:
Central States Enterprises
– Showtime Feed &
Bryan Zecher Homes

FIRST AID AND CPR CERTIFICATION

Join us on Sunday morning to keep your First Aid and CPR certification current.

PHOTOGRAPHS AND VIDEO

By being an attendee at this event you are allowing CHA to capture your image on either photography, video or both and use it to further promote CHA and educational conferences in the future.

TRAIL ENCAMPMENT DINNER

Sponsored by The Oaks Equestrian Center

Come and join us for a wonderful BBQ dinner under the stars with speakers Sharon Miner and Chester Weber!

CHA AWARDS WINNERS

VOLUNTEER OF THE YEAR

2009 ........................................... Tim Alderson
2008 ........................................... Jack Breaks
2007 ........................................... Lynn O’Brien
2006 ........................................... Beth Powers
2005 ........................................... Bill Ern
2004 ........................................... Lynn Squire
2003 ........................................... Christine Guenther
2002 ........................................... Dodi Stacey
2001 ........................................... Jo-Anne Young
2000 ........................................... Michal Kays
1999 ........................................... Susanne Valla
1998 ........................................... Barbara Christian
1997 ........................................... Lou Sterrett
1996 ........................................... Susan Harris

PARTNERSHIP IN SAFETY

2009 ........................................... Equisite, Inc.
2008 ........................................... Kentucky Horse Park
2007 ........................................... American Quarter Horse Association
2006 ........................................... American Vaulting Association
2005 ........................................... NARHA
2004 ........................................... North American Horsemen’s Association
2003 ........................................... American Camping Association
2002 ........................................... Market Insurance Company
2001 ........................................... American Youth Horse Council
2000 ........................................... Washington State 4-H Foundation
1999 ........................................... Horse Council of British Columbia
1998 ........................................... Hadley Stacey
1997 ........................................... Julie Feshman of counsel
1996 ........................................... Lexington Helmets

CHA STONE SCHOOL HORSE OF THE YEAR

2009 ........................................... Bojangle from Paradise Ranch in Springfield, TN
2008 ........................................... Smokey from Dream Catcher Stables in Spring, TX
2007 ........................................... Doc – Golden Gate Vaulters – Golden, CO
2006 ........................................... Domino’s Crescent Moon – Eagle Creek Equestrian Center in Griffin, GA
2005 ........................................... Mr. Peach – Emigrant Spurs, Hmrn. in Grass Valley, CA
2004 ........................................... Woody – Woodloch Stables in Hugo, MN
2003 ........................................... Shotgun Jetta – TLC Stables in East Swanzey, NH
2002 ........................................... Yeller – Rancho Vista Therapy Ctr in Fort Collins, CO

CHA INSTRUCTOR OF THE YEAR

2009 ........................................... Steven Lantz from La Porte, Indiana
2008 ........................................... Tanya “T” Cody of Tallahassee, Florida
2007 ........................................... Jennifer Willey of White Bear Lake, Minnesota
2006 ........................................... Karen Piskovoy of Irwin, Pennsylvania
2005 ........................................... Lori Hall-McNary of Escondido, California
2004 ........................................... Ralhel Gincig of Aurora, Colorado
2003 ........................................... Cyndey Adler of Buriem, Washington

CHA CLINIC INSTRUCTOR OF THE YEAR

2009 ........................................... Stan Loewen from Mead, Kansas
2008 ........................................... Millie Binley of New Johnsonville, Tennessee
2007 ........................................... Jo-Anne Young of Houghton, New York
2006 ........................................... Tara Gambale of Edmonton, Alberta
2005 ........................................... Polly Haseelton Barger of Nashville, Tennessee
2004 ........................................... Barbara Klatt of Lancaster, Ohio
2003 ........................................... Darla Ryder of Weatherford, Texas

CHA DISTINGUISHED SERVICE AWARD

2009 ........................................... Fred Bruce
CONFERENCE PRESENTERS

CONFERENCE PRESENTERS: Thank you to all of this year’s volunteer presenters. Your willingness to share your expertise is much appreciated!

AMERICAN FARRIERS ASSOCIATION
ROBBIE HUNZIKER / LYLE JENKINS

Robbie is a certified farrier with the American Farriers Association. He lives in Dade City, Florida and is a third generation farrier/blacksmith. He has been shoeing horses for 12 years and mainly works on English horses (dressage, jumpers, hunters). Robbie loves farrier competitions and has competed all over North America, including the World Championships in Calgary, Canada. He was selected as an official farrier for the Alltech World Equestrian Games, along with Lyle Jenkins. When he is not shoeing, he makes farrier knives and tools.

LYLE JENKINS

Lyle is a Certified Journeyman Farrier through American Farriers Association. He has been shoeing horses for 21 years, and specializes in English sport-horses. He lives in Ocala, Florida with his wife, daughter and son where he runs his farrier business. He works with some of the top hunter riders in the country shoeing their horses. He, along with Robbie Hunziker, was chosen to shoe at the World Equestrian Games.

SCOTT CARTER

Scott is a Level 3 CHA packing instructor, and past CHA board member. His experience in packing comes from working as ranch manager and packing guide for Camp Classen YMCA in Davis, Oklahoma. He currently works for Blessing Ranch in Livermore, Colorado.

TIM ALDERSON

Tim has been involved with CHA for over 20 years in the camping industry. He is a lifetime member of CHA who joined in 1997 and a certified instructor in both English and Western. His camp, Pine Cove Christian Conference Center, has also been involved with CHA for many years as a clinic host site, board member meeting location and international conference location. As a member of the board for three years, Tim was instrumental in helping with the trail program and fundraising for CHA. As a matter of fact, for over 10 years now, Tim has been instrumental in providing a saddle for our annual raffle that takes place at the CHA International Conference each year and has raised many dollars for CHA.

BESS DARROW

Dr. Darrow was born a horse fanatic who never outgrew her passion for horses. As a young adult, she was an avid member of the United States Pony Club, and she also competed extensively in dressage and eventing. She obtained a B.S. in Biology in 1992 from Bryn Mawr College and continued on to be a large animal veterinary technician, a horse trainer and a riding instructor. Bess became interested in equine dentistry when a certified equine dentist came through a barn she managed in the early 1990’s and stopped to give an educational lecture. At that point, her interest was piqued and she realized her passion for equine dentistry due to the difference it made in so many horse’s lives. She became a certified equine dental technician with the International Association of Equine Dentistry in 2001, and soon went on to pursue her even loftier goal of obtaining a DVM. She received a DVM from Ross University and completed a clinical year at the University of Florida College of Veterinary Medicine in 2007. Her love of teaching is still evident, as she insists on educating her clients (and anyone else who will listen !) about the benefits and rewards of proper equine dentistry for their horses. Her current practice emphasizes equine dentistry and wellness.

EFFECTIVE HOOF CARE
SATURDAY – 1:30 – 2:45 P.M.
– ROUND PEN

This session will discuss the reasons for trimming and shoeing, the reasons for having certified farriers do your work, and then show you what a good solid job looks like.

SATURDAY – 9 – 10:15 – DUTCH OVEN COOKING – BREAKFAST

SATURDAY – 1:30 – 2:45
– HOW TO PACK A HORSE

SATURDAY – 3 – 4:15
– HIGHLINES AND PICKETLINES

FRIDAY – 10:30 – 11:45
– KNOT TYING 101 TO ADVANCED

FRIDAY – 1:30 – 2:45
– DUTCH OVEN COOKING
– PEACH COBBLER

FRIDAY – 4:30 – 5:45
– HOW TO TEACH YOUR HORSES TO PONY

VETERINARIAN EQUINE DENTISTRY
SATURDAY – 3 – 4:15 P.M.
– ROUND PEN
This lecture will be a hands-on, show-and-tell overview of the anatomy of the equine head and mouth, including the different teeth and their functions, how to age a horse by its teeth, dentistry needed for different life stages, and common dental issues. It will also cover the difference between advanced dentistry and simple floating, the importance of balancing the mouth, the use of bit seats, an overview of bits, and the pros and cons of hand floats vs. power tools. The Tune Ups mobile equine dentistry trailer will be available to walk through.

JULIE DILLON
Julie specializes in Gaited Equitation, Dressage Principals and Equestrian Excursions. She teaches all ages and disciplines based out of HorseFeathers Farm in Goffstown, New Hampshire. Camping and riding is her passion and she has traveled with her Tennessee Walking Horses all over the country including a trek from Mexico to Canada. At home, Julie and her students ride Missouri Fox Trotting Horses and Tennessee Walking Horses in Open Dressage Competition throughout New England to promote Classic Training Principals for Gaited Horses of all breeds.

GAITED HORSES AND THEIR RIDERS
FRIDAY – 9 – 10:15 A.M.
– THE OAKS LECTURE ROOM

Come to this session to understand the four-beat footfalls and guidelines for selecting gaited lesson horses. Learn how to teach riders on gaited horses from novice to advanced students.

TAMMI GAINER
Having grown up around horses, Tammi began her professional equine career in 1989 as a trail guide at a large ranch camp where she was first exposed to the world of equestrian vaulting and attended her first CHA Standard Instructor Certification Clinic. Tammi joined the instructor staff at Pegasus Farm, one of the largest therapeutic equestrian centers in the United States, in the spring of 1995. While working at the Farm part-time and homeschooled her three children, Tammi also spent much time working under several trainers in both reining and dressage and achieved NARHA instructor certification. In 2000, she achieved CHA Master Level Instructor and clinic staff status and has

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SADDLE RAFFLE

Saddle donated by Pine Cove Conference Center and CHA Instructor Tim Alderson, Tyler, TX.

Purchase your chance. Tickets are $5 per chance or 5 for $20 at Conference, or email Tim directly at talderson@pinecove.com

Need not be present to win!

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since earned CI status in the IRD and Vaulting programs as well. In 2005 Tammi was promoted to Equestrian Director at Pegasus Farm where she now manages all aspects of the equestrian programs that include 250 plus students each week participating in areas such as horsemanship, driving, vaulting, veterans, and work programs. Since 1998 Tammi has been the head coach of the Pegasus Vaulting Club; a twelve member recreational team that performs demonstrations and workshops at various venues throughout Ohio.

SO YOU WANT TO BUILD A VAULTING PROGRAM  
- WHERE DO YOU START?  
SATURDAY – 9 – 10:15 A.M.  
- THE OAKS LECTURE ROOM

This session will help you to properly plan and start a vaulting program at your facility including equipment, horses, and staff and planning a typical lesson.

TARA GAMBLE

Tara is the Certified Horsemanship Association President, a certified Master Clinic Instructor, and a designated professional horseman with the American Quarter Horse Association. Her education includes a Bachelor of Science degree in agriculture with an animal science major from the University of Alberta. Her background is varied in Western and English, and she has been fortunate enough to represent Canada as First Runner-Up Miss Rodeo Canada 1998.

EQUINE NUTRITION  
FRIDAY – 10:30 – 11:45 A.M.  
- LECTURE ROOM AT THE OAKS

Attent this session to better understand the horse’s digestive system (anatomy and physiology), and also the nutrients and their importance for the health of the horse. We will take a look at different forages and concentrates, along with vitamins and minerals and deficiencies.

JULIE GOODNIGHT

Julie Goodnight has more than a quarter-century of horse training experience. Her varied background ranges from dressage and jumping to racing, reining, colt-starting, and wilderness riding. She teaches “Classic Skills for a Natural Ride” and travels coast-to-coast and beyond to film her television show, Horse Master, as well as to appear at horse expos, conferences and clinics. Her training and teaching techniques are frequent features of Horse & Rider, The Instructor, The Trail Rider and America’s Horse.

In 2008 she was named Equine Affaire’s Exceptional Equestrian Educator—one of only three awards ever given. Julie is clinic staff for CHA and the association’s international spokesperson. Visit www.juliegoodnight.com.

ADVANCED MANEUVERS AT THE CANTER AND LOPE  
FRIDAY – 1:30 – 2:45 P.M.  
- OUTDOOR ARENA

Learn training and teaching techniques for advanced riders such as collection at the canter, flying lead changes and rollbacks.

RIDING EXERCISES ON THE GROUND FOR ALL LEVELS  
FRIDAY – 4:30 – 5:45 P.M.  
- THE OAKS LECTURE ROOM

Fun and enlightening unmounted exercises to use with students on a rainy day to teach better balance on the horse, fluid rhythm in the saddle and better communication and control of the horse.

EQUITATION PROBLEMS AND EXERCISES TO SOLVE THEM  
SATURDAY – NOON  
- COVERED ARENA

Common equitation errors in both English and Western riders with fun and easy exercises to improve riding position.

LENGTHENING AND COLLECTING EXERCISES  
SATURDAY – 3 – 4:15 P.M.  
- COVERED ARENA

Advanced use of the aids for both English and Western riders, to improve performance and have greater control.

THE JOURNEY KEYNOTE AT THE CHA AWARDS BANQUET

What I have learned about horses, horse people and myself in half a century.

Teresa has been CHA Clinic Instructor since 2003. She is also Chris Irwin Natural Horsemanship ‘Double-Gold’ Certified and a Richard Shrage Resistance Free Riding Master Level Trainer/Instructor. Teresa is the creator of the ‘Soft Touch’ Training Program – Classical Equitation & Natural Horsemanship and has over 20 years professional experience as a Rider, Competitor, Trainer, Instructor, Clinician and Personal Coach. She is founder of Great Horses of America, Consignment Horse Sales company and Co-Founder of Pink Heart Pony Kids, Inc. 501(c)3 NPO.

‘SKY’S THE LIMIT’ – FLAT AND OVER FENCES, EXERCISES AT VARYING LEVELS  
FRIDAY – 10:30 – 11:45 A.M.  
- OUTDOOR ARENA

Putting theory into practice, these exercises over ground poles and fences will sharpen both horse and rider skills while improving
safety, consistency and having fun at the same time. Please bring all your questions, issues or concerns – I am at your service!

‘SOFT TOUCH’™ TRAINING:
‘RIDE WITH PERFECT RHYTHM’,
YOU CAN DO IT!
FRIDAY – NOON
– COVERED ARENA

For all disciplines and all levels of horse and rider, these exercises will enhance communication between horse and rider for better performance on the trail or in the show arena. Come to learn these exercises and take them home to teach your students and STAY in the blue ribbons!

PAT LEACH
Pat has been training and showing Arabian horses for over 30 years. Her horses have obtained two National Top Ten awards and numerous Regional Championships, Regional Top Fives and show championships in Western, Saddle, Hunt Seat, Reining, Side Saddle, Dressage, Hunter and Trail classes. She has been teaching privately for over 20 years, working with both adults and children. She is also Head Instructor at Wings of Hope Equitherapy center and is a CHA CI. She currently owns 11 horses, 3 dogs, barn cats and chickens.

RELAXATION OF HORSE AND RIDER
SATURDAY – 3 – 4:15 P.M.
– OUTDOOR ARENA

This workshop is appropriate for all riding levels. It will be conducted at a walk and trot. Exercises and theory will be presented to help horse and rider relax and improve their ability to listen to each other. These exercises are especially useful for green horses, green riders, warm-ups and cool downs, and horses and riders that have had a bad experience.

MARILYN MALER

Dr. Maler received her Doctorate of Veterinary Medicine with Honors from the University of Florida in 1999. She obtained her training in Veterinary Spinal Manipulative Therapy at The Healing Oasis Wellness Center and completed Basic Animal Chiropractic at Options for Animals Chiropractic College. She is certified in Animal Chiropractic by both the American Veterinary Chiropractic Association (AVCA) and the International Veterinary Chiropractic Association (IVCA). She is presently an instructor at Options for Animals Chiropractic College training veterinarians and chiropractors in animal chiropractic techniques. She is also a certifying examiner for IVCA examinations in the US. Dr. Maler received her training and certification in Veterinary Acupuncture and Traditional Chinese Veterinary
CHA INTERNATIONAL CONFERENCE

The Oaks Equestrian Center and the Holiday Inn
OCTOBER 21 – 24, 2010

Thursday, October 21, 2010

10 a.m. – 5 p.m.  Registration – Holiday Inn Lake City

9 a.m. – 2 p.m.  CHA Clinic Staff Retreat
Julie Dillon – Gaitsed Horses and Their Riders
Tara Gamble – Equine Industry Trends
Polly Haselton Barger – Communication Tactics/ Evaluation Skills and Paperwork
Christy Landwehr – Workshop Sharing and Outline Sharing

Lunch on Your Own before 2 p.m. session

2 p.m.  Daniel Stewart – Equestrian Sports Psychology Seminar – Holiday Inn

3:30 p.m.  CHA Annual Membership Meeting – Holiday Inn
Christy Landwehr – The Ins and Outs of CHA – How to Make Your Association Work for You

5 p.m.  Meet and Greet Reception – Holiday Inn
Welcome – Mayor Stephen Witt of Lake City
Keynote – David O’Connor
Visitors will attend from other equine clubs, associations and businesses in Florida

Friday, October 22, 2010

Breakfast on your own

9 – 10:15 a.m.  JoAnne Young – Seat Exercises on the Lunge Line for Riders of All Levels – Covered Arena (1E/1W) – TG
Daniel Stewart – Mental Preparation Mounted Clinic: Sport Psychology on Your Horse #1 – Outdoor Arena (4E) – SC
Julie Dillon – Gaited Horses and Their Riders – Lecture Room

10:30 – 11:45  Teresa Kackert – ‘Sky’s the Limit’ – Flat and Over Fences, Exercises at Varying Levels – Outdoor Arena (4E) – SC
Heidi Potter – Low Stress Round Pen Work – Round Pen (1 in hand)
Tara Gamble – Equine Nutrition – Lecture Room
Scott Carter – Knot Tying 101 to Advanced – Trail Encampment

Noon  Lunch – Sponsored by Central States Enterprises – Showtime Feed & Bryan Zecher Homes

1:30 – 2:45  Mitzi Summers/Heidi Potter – Centered Riding Workshop for Instructors – Covered Arena (2E/2W) – TG
Julie Goodnight – Advanced Maneuvers at the Canter and Lope – Outdoor Arena (2E/2W) – SC
Karen Murdock – Trick Training for Your Students and School Horses – Lecture Room
Scott Carter – Dutch Oven Cooking – Trail Encampment

3 – 4:15 p.m.  Cheryl Rohnke-Kronsberg – Upper Level Exercises for Your Students – Covered Arena (2E/2W) – TG
Daniel Stewart – How to Develop an Equestrian Cross Training and Fitness Program for Your Riders – Lecture Room

4:30 – 5:45  Mitzi Summers – Affected vs. Effective Methods of Riding and Training – Covered Arena (2E/2W) – TG
Julie Goodnight – Riding Exercises on the Ground for All Levels – Lecture Room
Scott Carter – How to Teach Your Horses to Pony – Trail Encampment (2W)

6 p.m.  Dinner at the Trail Encampment
Sharon Miner – My Horses, My Passions – Sharing of Equine Stories – Lecture Room
Chester Weber – Combined Driving Demonstration – Covered Arena
TENTATIVE SCHEDULE OF EVENTS

Saturday, October 23, 2010

Breakfast on your own

9 a.m. – 10:15  
S Semi Private Dressage Lessons – Mitzi Summers * Western – Cheryl Rohnde-Kronsberg – Covered Arena (2E/2W)
Tammi Gainer – So You Want To Build a Vaulting Program – Where Do You Start? – Lecture Room
Scott Carter – Dutch Oven Cooking – Trail Encampment

10:30 – 11:45  
Daniel Stewart-Mental Preparation Mounted Clinic-Sport Psychology on Your Horse #2- Covered Arena (2E/2W) – BP
Ken Najorka – Horsemanship Patterns for All Disciplines and Levels – Outdoor Arena (2E/2W) – SC
Terry Williams – Conformation – Is Your Horse Structurally Sound? – Round Pen (2 in hand)
Dr. Marilyn Maler – What is Chiropractic? – Lecture Room

Noon  
Lunch – Julie Goodnight – Equitation Problems and Exercises to Solve Them – Covered Arena (2E/2W) – TG

1:30 – 2:45  
Ken Najorka – Reining Skills for all Levels – Covered Arena (4W) – SC
Jim McDonald – Creating a Soft Feel From the Ground to the Saddle – Outdoor Arena (2E/2W) halters on each – TG
Robbie Hunziker CF/Lyle Jenkins CF – Effective Hoof Care – Round Pen (1 horse in hand)
Dale Myler – Beginning Bits and Bitting – Lecture Room
Scott Carter – How to Pack – Trail Encampment (1 horse in hand)

3 – 4:15 p.m.  
Julie Goodnight – Lengthening and Collecting Exercises – Covered Arena (2E/2W) – SC
Pat Leach – Relaxation of Horse and Rider – Outdoor Arena (2E/2W) – TG
Dr. Bess Darrow – Veterinarian Equine Dentistry – Round Pen (1 horse in hand)
Cheryl Rohnde-Kronsberg – How to Start and Run an Equine Business Successfully – Lecture Room
Scott Carter – Highlines and Picketlines – Trail Encampment

4:30 – 5:45  
Dawn Samuelson – Horses are the Easy Ones – We are the Complicated Ones – Covered Arena (2E/2W) – SC
Daniel Stewart – Mental Preparation Clinic – Sports Psychology on Your Horse #3 – Outdoor Arena (2E/2W) – TG
Dr. Craig Roberts – Understanding Lameness in Horses – Reception Area Lecture Room
Dale Myler – Advanced Bits and Bitting – Lecture Room

7 p.m.  
CHA Annual Awards Banquet – Holiday Inn
Keynote – Julie Goodnight – The Journey

9 p.m.  
Closing of Silent Auction

Sunday, October 24, 2010

Breakfast on Your Own
Tours on Your Own

8 a.m. – Noon  
$ % CPR Certification – Holiday Inn

10 a.m. – 1 p.m.  
CHA Clinic Staff Retreat – Holiday Inn
Julie Goodnight – Sample Lessons – Ground and Mounted
Polly Haselton Barger – Rider Evaluation Video
Lunch on Your Own

# Full conference participants may ride in one mounted presentation. Please bring own boots, correct riding attire and ASTM-SEI approved helmets. Sign up at the CHA registration desk at Holiday Inn Lake City Hotel.

$ Registration and extra fee required. Sign up at CHA registration desk.

$$ Registration and extra fee required.

* Sign up sheet will be available during conference registration at the hotel.

(IRD) – Session is for all instructors, but will have information for IRD instructors specifically as well.

% CPR and First Aid Certification requires a separate registration and separate fee of $15. Please email Membership Services Director Terri Weaver at tweaver@CHA_ahse.org or call her at 800-399-0138 to reserve your spot. Only 15 places open.
WHAT IS CHIROPRACTIC?
SATURDAY – 10:30 – 11:45 A.M.
– THE OAKS LECTURE ROOM

The purpose of Chiropractic is to optimize health. The principle that guides this is the body's innate recuperative power which is affected by and integrated through the nervous system. Chiropractic care focuses on the health and proper movement of all joints in the body, but especially, the proper functioning of the spinal column. Chiropractors are the only doctors trained to diagnose and treat subluxations. Vertebral Subluxation Complex (VSC) or subluxation is the medical term for a functional misalignment of a vertebrae or the limited mobility of its facet joint. This dysfunction of the spine directly causes dysfunction of the neurological system by disrupting the transmission of impulses into the spinal column which then carries messages to the brain. Chiropractic care involves manually returning vertebral joints to their full and normal range of motion (ROM). Restoring the ROM to the joints of the spinal column allows information from the body to flow unimpeded along nerve pathways to the central nervous system (CNS). Chiropractors use a high speed, low force, but very specific thrust called an adjustment to achieve this goal.

CREATING A SOFT FEEL FROM THE GROUND TO THE SADDLE
SATURDAY – 1:30 – 2:45 P.M.
– OUTDOOR ARENA

Creating a soft feel in our horses takes focus. We start on the ground and it transfers to the saddle. The secret is to spend our time and energy on creating a softness in ourselves and our horses will respond in kind. We will learn about all the things we do that create resistance in our horses. We will learn some techniques and strategies for preparing to work with our horses so that we avoid presenting them with approaches that build resistance. The end product is a willing responsive partner at both ends of the reins.

SHARON MINER

Sharon and her husband, Bob, owned Unicorn Stables, a family-friendly stable in Salisbury, MD (20 yrs) and Honesdale, PA (5 yrs) with often more than 30 horses. When they closed the stable, they began traveling the country in their RV, marketing Sharon’s books and interviewing other horse enthusiasts. The 4th book of the Beloved Horses series has recently been released. She also has teen mysteries and a Beginner Reader book about her Irish Terrier, Woogie, published, and has had articles in Horse News, Blood Horse and other equine publications. Visit SharonMiner.com and WoogiesTravels.blogspot.com. Find her on Facebook and HorseTweet.com.

JIM MCDONALD

Jim is a lifelong horseman and a lifelong learner. In the year 2000, he started a non-profit organization dedicated to horsemanship education. Part of its mission is to make the joy of a relationship with a horse available to people who would not ordinarily have that opportunity and that was the original motivation for founding the Graham Equestrian center (www.Grahameq.org). They work closely with anyone who wants to advance their horsemanship skills and knowledge.

KAREN MURDOCK

Karen, a retired psychiatric nurse, has been training animals for over 30 years using a combination of shaping techniques, a specialized clicker system and positive reinforcement. Her unique approach uses games and play as a way to connect and bond with animals to build confidence, increase focus and improve performance. Karen’s horse Lukas is a 17-year-old registered off-the-track Thoroughbred gelding. He ran in three races as a two-year-old and bowed both front tendons. After leaving the race track, he changed hands several times over the following years and ended up neglected and emaciated in a back yard. He was rescued and rehabilitated and then advertised for sale when he was not fitting in at a jumping stable. Karen purchased him as a “green project horse” when he was 10 years old. He went from being very uncooperative and even dangerous to being listed on Yahoo, Google and the World Records Academy as “The World’s Smartest Horse” and Guinness is considering a record related to his feats: “Most numbers identified by a horse in one minute.” Karen has been heard on Pet Life Radio, RFD Radio and The Confidence Club and contributes to many newsletters, blogs, forums, and magazines. She is the author of “Playing With Lukas.” She is available for consultations, interviews and appearances.

MY HORSES, MY PASSIONS
– SHARING OF EQUINE STORIES
FRIDAY – 6 P.M.
– THE OAKS LECTURE ROOM

Sharon shares her insight on creating and reaching goals, writing about horses and becoming a published author. She’ll read excerpts from her Beloved Horses series, including inspiring stories about horses in CHA programs.
Games and training – a fun, fresh way to train even an older horse – and anyone else! – new tricks. Karen Murdock’s system, based on play, has been carefully developed over the last 30+ years of psychiatric nursing and animal training using behavior modification techniques along with some unexpected surprises. A powerfully effective approach that combines laughter with quicker learning, broader generalizations and better retention.

D A L E  M Y L E R

Dale and his brothers Ron and Bob are third generation horsemen, and are three of the world’s leading bit designers. Because of Dale’s extensive research into equine dentistry and equine physiology, the Mylers have brought this added understanding of the connection between bitting and the equine mouth to their designs. Together, they developed the Myler System, an innovative approach to bitting that gives the horse increasing tongue relief as he progresses through his training. Their bit designs reflect this philosophy of tongue relief.

BEGINNING BITS AND BITTING
SATURDAY – 1:30 – 2:45 P.M.
– THE OAKS LECTURE ROOM

How bits work within the anatomy of the equine mouth, the impact of the bit on overall movement, recognizing bit resistance, and understanding tongue pressure and tongue relief.

ADVANCED BITS AND BITTING
SATURDAY – 4:30 – 5:45 P.M.
– THE OAKS LECTURE ROOM

Bit selection, case studies of before and after pictures examining the results of tongue relief in movement and behavior, the function and use of the Myler Combination Bit, and transitioning a horse and rider to a new bit.

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KEN NAJORKA
Ken is a horse trainer and clinician from the central Florida area who helps horses with their people problems. He trains reining horses at his facility, Dragon Fly Farms, in St. Cloud, Florida. Besides reining horses he trains many breeds from Quarter horses to paints, mules, gaited horses, driving ponies, etc. His facility is shared with his wife Norma who runs The Canine Center and rescue facility. With over 30 years of gentle horsemanship techniques, Ken helps riders better understand their horses mentally and physically. Ken is the coach for the University of Central Florida Western Equestrian Program (IHSRA) and for the first High School Western Equestrian Team in Central Florida and member of the IEA (Interscholastic Equestrian Association). Ken is an Instructor for Dennis Reis Universal Horsemanship and can be seen on RFDTV. Ken will soon be a presence in the “green” community of Harmony, Florida as the head of the new Equestrian Center. He is a member of the Florida Reining Horse Association, AQHA, APHA, and CHA.

HORSEMANSHIP PATTERNS FOR ALL DISCIPLINES AND LEVELS
SATURDAY – 10:30 – 11:45 A.M. – OUTDOOR ARENA

This session will range from beginner to advanced exercises to help your students and yourself succeed in western and hunter performance patterns and in overall equitation.

DAVID O’CONNOR
Launching his international career in 1986 at the CCI*** Alternate World Championship in Poland, David represented the US for the first time and has continued to win the hearts of fans and fellow competitors ever since. With a resume that includes three Olympic medals, including the history making individual Gold aboard Custom Made, 2 Pan American Games medals, as well as many wins at the international level, David has solidified himself as one of the most successful international competitors of our time. David’s consistent performances also led to him being awarded the USEA Rider of the Year title in both 1996 and 1997. As the president of the United States Equestrian Federation (USEF), David is passionate about the opportunity to promote all horse sports. Under David’s strong leadership, the USEF has now formed USHJA, improved the Drugs and Medication Program and increased the financial stability of the Federation on a whole.

LOW STRESS ROUND PEN WORK
FRIDAY – 10:30 – 11:45 A.M. – ROUND PEN

This round pen session is designed to demonstrate how we can communicate our desires to our horses, with the slightest of cues. It is common practice to use much more pressure than is necessary. However, many are unaware of how much pressure is too much. Techniques for getting an “action” versus a “reaction” will be included. Ms. Potter will discuss and demonstrate how to apply the most subtle cue and then how to recognize and reward the try in the horse. Different uses for the round pen and the technical aspect of how to get the basic maneuvers will be demonstrated.

HEIDI POTTER
Heidi is a full time instructor, trainer and clinician with over 40 years of horse experience. Her program, “In Harmony With Horses”, is designed to improve the relationship between horses and humans in a calm, clear, and consistent manner. Heidi’s work has been greatly influenced by her training in the Martial Arts, as well as by Ms. Sally Swift, the founder of Centered Riding®. She is a Level III Centered Riding Instructor/Clinician, a CHA Clinic Instructor, and Master Level Instructor. Her training program is supported by techniques that help ensure the ethical and thoughtful treatment of horses. Heidi teaches, trains and conducts clinics throughout the country, as well as at her family’s southern Vermont farm, Maple Ridge Stable. To learn more visit www.InHarmonyWithHorses.com

CENTERED RIDING WORKSHOP FOR INSTRUCTORS
FRIDAY – 1:30 – 2:45 P.M. – COVERED ARENA

Centered Riding is full of wonderful ground exercises to help instructors assist their students with understanding the how’s and why’s of good riding and horsemanship. In this session CR Clinicians, Mitzi Summers and Heidi Potter will cover topics such as Half-Halts, Posting Trot, Connected Hands (by feeling what the horse feels in his mouth), Transitions with your Breath and others as time allows. Participants will have the opportunity to feel what their horses feel through interactive exercises.
Craig T. Roberts, DVM

Craig T. Roberts, DVM is a 1992 graduate of the University of Georgia’s College of Veterinary Medicine. Thereafter he completed an internship and a 3 year surgery residency in private practice. After building and managing the sports medicine center at Peterson & Smith Equine Hospital in Ocala he started his own practice in 2002 dedicated 100% to lameness and pre-purchase evaluation. In 2008 he was the President of the Florida Association of Equine Practitioners. His practice is in Gainesville, FL with weekly ambulatory service to Ocala. www.ctrdvm.com

Dr. Roberts’ lecture will cover tips for proper evaluation and care of the career schooling horse. This will include discussion of the most economic and practical methods of handling common injuries as well as chronic conditions.

Cheryl Rohnke-Berg

Cheryl is a Master Instructor and Clinic Instructor for CHA. She has been teaching riding and training horses for over 30 years. She graduated from Rawhide Vocational College in Southern California and also has a degree in Business. Cheryl specializes in Pinto/Paints and has trained multiple Pinto World Champions. Along with her husband, Steve, Cheryl currently owns and operates CRK Training Stable in Yorba Linda, CA. CRK Training Stable is a boarding, lesson and training facility working with all types of riders and horses, from beginners on school horses to upper level show riders. Currently Cheryl concentrates on local level showing and introducing riders to both English and Western styles of riding. Cheryl’s students have won year-end high point awards every year for the past 20 years. Cheryl became a CHA Master Instructor and ACI 3 years ago and has greatly enjoyed her affiliation with CHA. She looks forward to many more years working with other CHA clinicians and instructors.

Upper Level Exercises for Your Students
FRIDAY – 3 – 4:15 P.M.
– COVERED ARENA

During this demonstration, Cheryl will show you how to teach subjects such as- Counter-Canter, Leg Yield, Shoulder-In and Haunches-In through the use of
advanced bending techniques and equine body control. She will also show how to use poles and cones to help your students learn these advanced movements.

SEMI-PRIVATE WESTERN LESONS
SATURDAY – 9 – 10:15 A.M.
– COVERED ARENA
Take a semi private riding lesson from Cheryl in western. Extra fee is required and can be paid at registration.

HOW TO START AND RUN AN EQUINE BUSINESS SUCCESSFULLY – (ANYONE CAN RIDE A HORSE, BUT IT TAKES A GENIUS TO MAKE A LIVING AT IT!)
SATURDAY – 3 – 4:15 P.M. – THE OAKS LECTURE ROOM

Come to learn more about these important topics:
1. Who do you need to know to start a business?
2. What mistakes to avoid if at all possible,
3. How do you get started?
4. Who you always need to hire (no matter how broke you are.)
5. How to avoid the “I can do it all” syndrome
6. How to make a profit, even in this economy.

DAWN SAMUELSON

Dawn is a nationally recognized clinician, and presenter. She has presented at events such as Equine Affaire® and CanAm. She specializes in Equine Behavior Training and problem horses. Her love for horses developed at a young age and laid the foundation for personal and professional development. Dawn’s Equine Behavioral Training, uses her ability to read the body language of horses, and translate this into a training plan for both horse and handler, building confidence, trust and open lines of communication between them. Dawn lives with her husband and two children in Chautauqua County, New York on the family’s 120-acre farm. For more information on Dawn and her program, visit www.throughthehorseseyes.org.

HORSES ARE THE EASY ONES – WE ARE THE COMPLICATED ONES
SATURDAY – 4:30 – 5:45 P.M.
– COVERED ARENA

This session will show a training method that benefits not only problems horses, but can improve the performance of all levels of horse and handler. In conjunction with St. Bonaventure University, Dawn created her own unique program, Through the Horses Eyes®, as a means to educate people about critical life skills, using horses as a medium. This program offers an innovative way to teach people of all ages, backgrounds and professions. Trust, mutual respect and communication are the core principles taught to the participants using horses as models for behavior. The program relies on the principles that horses read their handler’s body language and react accordingly. By observing this interaction, one can begin to visualize how their own body language and verbal communications are interpreted by those around them, giving them a unique perspective to inspire change in their own life.

DANIEL STEWART

Daniel Stewart has been a highly successful international competitor and trainer for over 20 years. From 1999 to 2007 he coached riders on several U.S. teams to success at many world championships and Olympics. He currently divides his time between Andalusia, Spain and Santa Barbara, CA and is the author of the internationally acclaimed book Ride Right. Prior to becoming a U.S. coach, he earned a degree in Exercise Science and Psychology and worked as a consultant to other national riding teams including Portugal and Canada. In 2008 he left the U.S. equestrian team to share his knowledge and experience with the U.S. riding community and is now considered an authority on equestrian sport psychology, biomechanics and performance.

EQUESTRIAN SPORTS PSYCHOLOGY SEMINAR
THURSDAY – 2 – 3:30 P.M.
– HOLIDAY INN HOTEL

This seminar will give you great tools to help your riders succeed in all types of riding – competitive and recreational! Come and work with Daniel as he works with you to benefit your students.

MENTAL PREPARATION CLINICS – SPORTS PSYCHOLOGY ON YOUR HORSE
FRIDAY – 9 – 10:15 A.M.
– OUTDOOR ARENA
– ALL ENGLISH WITH JUMPING

SATURDAY – 10:30 – 11:45 A.M.
– COVERED ARENA
– ENGLISH AND WESTERN

SATURDAY – 4:30 – 5:45 P.M.
– OUTDOOR ARENA – ENGLISH AND WESTERN

For the first time ever, an equestrian sport psychology class... on a horse where you belong! As riders, we continually encounter stressful and unpredictable events and how we handle them greatly influences our ability to succeed. This session will teach riders how to control feelings of stress, confusion, doubt and performance anxiety in their practices so that these negative emotions will no longer affect them in their riding. Most riders agree that one of the greatest challenges we face while schooling and showing is mental, yet most of our practices focus only on the physical. Let the BOX, ZIPPER, DICE, TEST, BLIND and GOAL help you gain control of your motions by helping you to gain control of your emotions.
An eye opening workshop teaching cross training exercises that help riders identify and solve imperfections with their balance, symmetry, suppleness, posture, core strength, etc. by using exercises and a unique balance-board designed especially for riders.

Ann has been active with horses and the horse industry for over 50 years. From the show-ring, to state 4-H horse awards, to guest ranches, to driving and training youngsters, Ann is well-versed in the business. She is a CHA Master Level Riding Instructor and a CHA Clinic Instructor for English, Western, Equine Facilities Management, and Instructor of Riders with Disabilities. Ann is also a CHA Site Visitor, a therapeutic riding instructor and a Richard Sh rake Resistance Free Instructor and Trainer since 1997.

Mitzi has been a CHA Clinician for many years as well as a Level IV Centered Riding Instructor and Bitless Bridle Instructor. Her specialty is “Teaching People to Train their own Horse” using non-abusive methods. She has given clinics throughout the United States, Europe, and New Zealand. She has also judged for many years, attaining her American Judging Association Certification in Hunt Seat, Stock Seat and Saddle Seat. She has shown successfully in many disciplines including dressage, open jumping, and western. She rode and traveled at one time with the Royal Lipizzan Stallion Tour, and also attended the Northern School of Equitation in Ormskirk, England. Mitzi has been the head instructor-trainer and director at several stables throughout her career, but now enjoys free-lancing. Her business is SUMMERSET (Summers Equine Theory), in which she holds workshops for owners, instructors and trainers. Mitzi can be reached at SummersDressage@aol.com or at www.MitziSummers.com

Centered Riding is full of wonderful ground exercises to help instructors assist their students with understanding the how’s and why’s of good riding and horsemanship. In this session CR Clinicians, Mitzi Summers and Heidi Potter will cover topics such as Half-Halts, Posting Trot, Connected Hands (by feeling what the horse feels in his mouth), Transitions with your Breath and others as time allows. Participants will have the opportunity to feel what their horses feel through interactive exercises.

See you next year October 27 – 30, 2011 at The Kentucky Horse Park!
AFFECTED VS. EFFECTIVE METHODS OF RIDING AND TRAINING
FRIDAY – 4:30 – 5:45 P.M.
– COVERED ARENA

The classical position of the rider and the correct and humane training of the horse has been developed through two thousand years of trial and error. Most ineffective methods of riding and training have been filtered out. However, it is human nature to sometimes invent “new and improved” methods of working with horses and communicating with them on the ground and on their backs. Unfortunately, some of the motives for these changes are to save time, human ego and/or greed. This workshop will explore some of these innovations, giving credit to those which are useful, and dissecting those which are not helpful to the rider and are actually harmful to the horse. When you are riding your horse you are either making him better or breaking him down. This workshop will explore this premise.

SEMI-PRIVATE DRESSAGE LESSONS
SATURDAY – 9 – 10:15 A.M.
– COVERED ARENA

Take a semi private riding lesson from Mitzi in dressage. Extra fee is required and can be paid at registration.

CHESTER WEBER
Combined Driver Chester Weber, whose name has become synonymous with Four-in-Hand driving throughout the world, achieved a record-setting win in October, 2009 – becoming the first driver to win the USEF National Four-In-Hand Driving Championships seven consecutive years in a row. He just finished competing at the World Equestrian Games in Kentucky. In addition to his rigorous competition schedule, Weber actively promotes the sport of combined driving. He is currently on the USEF Board of Directors, the High Performance Driving Committee, the National Driving Committee, the Safety Committee and he is also Chairman of the Active Athletes Committee and the Dressage Search Committee.

COMBINED DRIVING DEMONSTRATION
FRIDAY – 7 – 8 P.M.
– COVERED ARENA

Come to this session to watch Chester and his horses in combined driving action and get tips for your driving back at home.

MAYOR STEPHEN WITT
Stephen was born in Lake City in 1951 and went on to complete his education at the University of Florida, graduating with an AA degree, a BSBA degree in accounting and a Juris Doctorate in law after which, he returned to Lake City to open his own practice in the field of law. He has served on the Planning and Zoning Board for the City of Lake City and served 13 years as its chairman. He is also the regional counsel for the board of Directors for the Florida State Elks Association. He is a Mediator in family law. Stephen is married to Jodi Witt and they have four children and five grandchildren. Stephen was elected as Mayor of the City of Lake City in May 2005 and re-elected in August 2008.

CONFORMATION – IS YOUR HORSE STRUCTURALLY SOUND?
SATURDAY – 10:30 – 11:45 A.M.
– ROUND PEN

When we look to buy a house we hire someone to see if it is structurally sound. When buying a horse shouldn’t it be the same? Wouldn’t it be nice to predict what our horse’s potential lameness/unsoundness issues would be in the future? Yes, that is one reason we hire a vet for a pre-purchase exam. Yet, wouldn’t be nice to weed out some of our prospects? Conformation doesn’t have to be frightening or overwhelming. Attend this session and decide if you should place your horse in the halter class at the local show after you learn to size up your competitors. Yet, keep in mind that most horses have flaws and how we deal with these flaws helps us in the longevity of our horse’s career whatever it may be.

TERRY WILLIAMS
Terry is a 1984 graduate of Otterbein College in Ohio with a Bachelor’s Degree in Equine Science and Stable Management. She has been a Clinic instructor with CHA since 1988, and a certified riding instructor since 1985 earning her ACI rating in 1986. Terry is also a Clinic Instructor for the Equine Facility Management Program, a certified Overnight Guide, a site visitor, and CHA’s Region 4 Director. She has taught both in year round residential camps and privately. Terry has been on the Approved List of Ohio 4H Judges since 1995. She graduated from nursing school in June 2009 and has been practicing as a registered nurse since then. Previous to nursing school Terry managed a large thoroughbred breeding and training farm for ten years. The career switch to nursing was to allow her more time for her personal horses. She currently resides with her family in Blanchester, Ohio.
JoAnne Young

JoAnne has been teaching riding and training horses for over 40 years, and is happy that she is still learning. Every student and every horse bring fresh challenges that keep life interesting. She has been privileged and blessed beyond her wildest dreams to study with such wonderful instructors as Walter Zettl (dressage coach to Canadian event team when they won bronze at Los Angeles Olympics), Bertin Potter in Germany, Molly Sivewright (FEI judge and past chair of the Fellows of the British Horse Society), Carel Eijkenaar (FEI judge), Eddo Hoestra (FEI Trainer) and Doris Halstead (Physical Therapist and author of “Releasing the Potential: Physical Therapy Modalities for Horse and Rider.”

Jo-Anne is the author of the M.A. thesis: “Preparing students for riding instructor certification through college curricula.”

Seat exercises on the lunge have always been required of the riders at the Spanish Riding School in Vienna, Austria. They free the rider to focus solely on feel and balance, removing the distractions of asking the horse to go and steering. The seat had to be perfected before the rider was allowed to touch the reins. This workshop will help instructors experience the benefits of seat lessons on the lunge for themselves and their students as an aid in the pursuit of excellence.

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