



2009

# *CHA International Conference*

October 8 – 11, 2009

Colorado State University Equine Center

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**CHA CORPORATE OFFICE**  
4037 Iron Works Parkway Suite 180  
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800-399-0138  
www.CHA-ahse.org  
office@CHA-ahse.org

#### CHA STAFF

Christy Landwehr • Chief Executive Officer  
800-724-1446 .....clandwehr@CHA-ahse.org  
Polly Haselton Barger • Program Director  
800-399-0138 .....pbarger@CHA-ahse.org  
Terri Weaver • Membership Services Director  
800-399-0138 .....tweaver@CHA-ahse.org  
Julie Goodnight • Spokesperson  
719-530-0531 .....jgoodnight@CHA-ahse.org

#### EXECUTIVE COMMITTEE

Tara Gamble, President .....tgamble@shaw.ca  
Brent Morgan, President Elect .....morganbrent1@bellsouth.net  
Chad Coppess, Vice PresidentChadC@graceadventures.org  
Peggy Adams, Treasurer.....Padams314@comcast.net  
Beth Powers, Secretary ..bpowers@ymcacampwillson.org  
Pat Mullins, Past President .....Pmullins37@aol.com

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Don Kleckner .....dbarhranch@earthlink.net  
Jill Montgomery .....jill.montgomery@yahoo.com  
Ann Streett-Joslin .....aesj@ranchovistallc.com  
Susanne Valla .....slvalla@hotmail.com

Everyone is welcome to get involved on a committee of their choice.  
Please contact the CHA office at 800-399-0138.

REGION 1 - British Columbia, Washington, Western Montana, Idaho, Oregon, Alberta  
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503-873-5580  
Christine.guenther@verizon.net

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Phyllis Howe  
204-224-1180  
Ranch2@mts.net

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Kathy Findley  
262-895-6978  
whisperingwillowfarm@yahoo.com

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Terry Williams Jones  
513-850-5397  
terryjones@aol.com

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585-567-8142  
joanne.young@houghton.edu

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Lori Maciulewicz  
774-259-1004  
hideawayfarm1jm@yahoo.com

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Laura Elliott  
205-655-3782  
elliott19@aol.com

REGION 8 - Oklahoma, Texas, Mississippi, Arkansas, Louisiana, New Mexico  
Darla Ryder  
817-688-3430  
texasdryder@aol.com

REGION 9 - Missouri, Nebraska, Colorado, Kansas, Wyoming  
Julia Hershey  
719-440-4979  
hersheysheavenlyhorses@earthlink.net

REGION 10 - California, Nevada, Utah, Arizona, Hawaii  
Lori Hall-McNary  
760-224-2483  
hallmcnary@earthlink.net

REGION 11 - Alaska, Yukon Territory, Frozen North  
Robert Minnich  
907-262-3585  
minnich@acsalaska.net

REGION 12 - INTERNATIONAL  
CHA Corporate Office  
1-800-399-0138  
office@CHA-ahse.org

## Our Host Site COLORADO STATE UNIVERSITY



The Equine Sciences program at Colorado State University has a long history, both in the College of Agriculture and the College of Veterinary Medicine. Research programs, centered in both colleges, provide an unmatched situation for support of the undergraduate program. Students from across the U.S. and several foreign countries have enrolled in the Colorado State Equine program. The hub of Equine Sciences at Colorado State is the ETRC, located west of the main campus, adjacent to the foothills. The \$5.2 million project has a football field-sized indoor arena and includes seating for 2,000 spectators, concession stands and ticket booths, faculty offices, a classroom complex including a multimedia classroom, outdoor arena, roundpens, sheds and paddocks. CSU is excited to be the host of the 42nd Annual CHA International Conference!

## Welcome

### TO THE 2009 CHA INTERNATIONAL CONFERENCE!



Welcome to the 2009 Certified Horsemanship Association (CHA) International Conference in Fort Collins, Colorado. It is with great pleasure that we announce Colorado State University and the Hilton, Fort Collins as hosts for our program. The list and calibre of speakers continue to be outstanding and the amount of information, idea sharing and networking that will occur provides the opportunity for personal and professional growth. There will be workshops, riding demonstrations and the infamous Trail Encampment that offers enjoyment for everyone! The 2009 conference stands to be an outstanding educational opportunity, and we hope you have a fantastic time. It is also an exciting time for CHA as we are experiencing continued growth of our membership and expansion of our programs! On behalf of the CHA Board of Directors and Staff, we sincerely thank you for your continued support of CHA and all that we stand for. We are blazing a great trail for the horse industry and we hope you enjoy the ride!

### Tara Gamble

CHA President  
tgamble@CHA-ahse.org

## Welcome to Rocky Mountain High!



It is a pleasure to have you attend the 2009 CHA International Conference in beautiful Colorado! Remember you are now at over 5,000 feet in elevation so please drink plenty of water while you are here, wear sunscreen even on brisk days, and use lots of lotion and lip balm! Please take the time on Sunday to visit the Budweiser Brewery and see the magnificent Clydesdales, take a trail ride up in the Rocky Mountain National Park, or take a trip to the Colorado state capital of Denver and walk the 16th Street Mall. Enjoy the education, networking and fun this weekend as we learn more about the magnificent animal we all love – THE HORSE!

### Christy Landwehr

CHA Chief Executive Officer

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# CHA Awards

## VOLUNTEER AWARD WINNERS

2008	Jack Breaks
2007	Lynn O'Brien
2006	Beth Powers
2005	Bill Enns
2004	Lynn Squire
2003	Christine Guenther
2002	Dodi Stacey
2001	Jo-Anne Young
2000	Michal Kays
1999	Susanne Valla
1998	Barbara Christian
1997	Lew Sterrett
1996	Susan Harris

## PARTNERSHIP IN SAFETY AWARD WINNERS

2008	Kentucky Horse Park
2007	American Quarter Horse Association
2006	American Vaulting Association
2005	NARHA
2004	North American Horsemen's Association
2003	American Camping Association
2002	Markel Insurance Company
2001	American Youth Horse Council
2000	Washington State 4-H Foundation
1999	Horse Council of British Columbia
1998	Hadley Stacey
1997	Julie Fershtman of counsel
1996	Lexington Helmets

## CHA STONE SCHOOL HORSE OF THE YEAR

2008	Smokey from Dream Catcher Stables, Spring, TX
2007	Doc - Golden Gate Vaulters - Golden, Colorado
2006	Domino's Crescent Moon - Eagle Creek Equestrian Center in Griffin, Georgia
2005	Mr. Peach - Emigrant Springs Horsemanship Grass Valley, California
2004	Woody - Woodloch Stables in Hugo, Minnesota
2003	Shotgun Jetta - TLC Stables East Swanzy, New Hampshire
2002	Yeller - Rancho Vista Therapy Center Fort Collins, Colorado

## CHA INSTRUCTOR OF THE YEAR

2008	Tanya "T" Cody of Tallahassee, Florida
2007	Jennifer Willey of White Bear Lake, Minnesota
2006	Karen Pikovsky of Irwin, Pennsylvania
2005	Lori Hall-McNary of Escondido, California
2004	Rathel Gincig of Aurora, Colorado
2003	Cydney Adler of Burien, Washington

## CHA CLINIC INSTRUCTOR OF THE YEAR

2008	Millie Binkley of New Johnsonville, Tennessee
2007	Jo-Anne Young of Houghton, New York
2006	Tara Gamble of Edmonton, Alberta
2005	Polly Haselton Barger of Nashville, Tennessee
2004	Barbara Klatt of Lancaster, Ohio
2003	Darla Ryder of Weatherford, Texas

# Special Events

## - HIGHLIGHTS -

### SILENT AUCTION - HILTON FORT COLLINS HOTEL

To be held Thursday - Saturday. Final bids accepted at the banquet on Saturday night. Make sure to stroll through the auction area and bid on your favorite items. All proceeds benefit CHA to help provide scholarships to those who need financial help to attend a CHA clinic.

### CHA ANNUAL AWARDS BANQUET

Saturday night, October 10th at 7 p.m. - Hilton Hotel  
Help us celebrate in our best dress (black jeans are fine!)  
as we toast the following award winners:

CHA Volunteer of the Year  
CHA Instructor of the Year  
Clinic Instructor of the Year  
Partnership in Safety Award  
CHA School Horse of the Year  
CHA Distinguished Service Award

### MOUNTED AND HANDS-ON HORSE SESSIONS

All mounted and hands-on horse sessions will be held in the covered, outdoor arena, or round pen at the Colorado State University Equine Center. Four riding spots are available for most mounted sessions. Riders sign up ahead of time at registration for the sessions of your choice. Make sure to note riding ability at the top of each form, do not sign up to ride in a class that is being taught at a higher level than you ride. Limit one ride time per person for the entire conference to make sure we have enough room for all. Riding spots are not open to day rate participants. All are welcome to audit all sessions.

### SEMI - PRIVATE LESSONS WITH HEIDI POTTER AND JO-ANNE YOUNG

Cost of semi-private western and dressage lessons is \$55 for one hour per person with all proceeds going to CHA for the scholarship fund.

### EXHIBITS & CHA PRODUCT LINE - HILTON HOTEL

Please take the time to shop and check out the great items on sale from CHA, our sponsors and vendors. Order CHA logo wear products at conference and get free shipping!

### CHA WELCOME LUNCH

Thursday, October 8th at noon at the Hilton Hotel - enjoy a delicious buffet lunch and hear a great keynote speech from Daniel Stewart "The Role of Humor and Positive Thinking in Equestrian Sport Psychology." Find out the state of your association and vote on any key issues.

### CHA MEET AND GREET RECEPTION

Thursday, October 8th at 5:30 p.m. - Hilton Hotel - enjoy appetizers and a cash bar while you meet staff and members from Colorado horse organizations and our CHA Corporate Partner companies.  
Hear from Laura Benjamin on "How to Build a Positive Attitude and Resilience to Change in Challenging Times."

### 1ST AID AND CPR CERTIFICATION

Join us on Sunday for the hands on portion of the EquineU.com CPR and First Aid Training.

# Conference Presenters

– Thank you to all of this year's volunteer presenters. Your willingness to share your expertise is much appreciated!

*School Horses* – Thank you to The Urban Farm, CHA Program Member in Denver, Colorado for donating the wonderful school horses and tack used in these sessions.

## Gerrie Barnes



Gerrie and Jeff Barnes are co-owners of Barnes Ranch. Their mission is to meet individual, group and association needs and goals with a

high standard of service, professionalism and consistency. Barnes Ranch provides quality horse-related services and experiences in a safe, family-friendly environment. They accomplish this by focusing on solid, up-to-date information, quality education and instruction. Gerrie is a Level 4 CHA-

certified riding instructor and AQHA Professional Horseman. Jeff has taken horses to their Ranch Horse Champion and Supreme Ranch Horse Champion levels. Barnes Ranch offers Versatility Ranch Horse Skill Building Programs for the rookie rider and for the intermediate and advanced riders. Visit their website, [www.barnesranch.com](http://www.barnesranch.com), for more information.

VERSATILITY RANCH  
HORSE COMPETITION  
SATURDAY – 1:30 – 2:45 P.M.  
– INDOOR ARENA

This session will focus on the five foundation maneuvers of the Versatility Ranch Horse Competition and how you can use these skills to better your horses and students. They

include: Ranch Riding, Ranch Trail, Working Ranch Horse, Ranch Cutting and Ranch Conformation.

## Pamela Beets



Improving relationships and communication between horse and rider has been Pamela Beets' goal for over 20 years.

Whether she is working with roping or dressage horses, pleasure horses or elite national competitors, the common thread is helping riders improve their connection with their horses. A Guild Certified Feldenkrais Method Teacher® and member of the Feldenkrais Guild®, Pam's specialty is working with equestrians. Pam began working extensively with Linda Tellington-Jones in 1985. Pam has successfully used TTouch with horses, companion animals, reptiles, birds, and humans, but her special expertise is enhancing the partnership between horse and human. She has led workshops and clinics in both Feldenkrais and TTouch locally,

## Raffle Saddle

**Tickets are \$5 each, 5 for \$20 or 12 for \$40!**

This saddle is being graciously donated by Tim Alderson and the Pine Cove Conference Center in Tyler, Texas. It is a 16" rough out seat with swells; a large horn and a 4" cantle. Leather bull nose tapedaros and saddle bags are built into the rear jockey.



Drawing held during Conference. You need not be present to win. Winner will be announced in the Winter issue of:

**The Instructor**



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*regionally, and nationally, including presenting at Feldenkrais Guild Conferences, leading workshops with Pony Club, and teaching clinics for Colorado State Veterinary Students. Articles about Pam have been published by Arabian Magazine, Horse & Rider, the Rocky Mountain News and Natural Healing for Dogs and Cats by Diane Stein.*

CONFIDENCE! TTouch® FOR  
BEGINNER & INTERMEDIATE RIDERS  
FRIDAY – 9 – 10:15 A.M.  
– ROUND PEN

When your horse fusses during saddling and girthing and kicks out, what can you do? Do you have trouble picking up a hoof? Is your horse feeling stiff and grumpy? Is grooming enjoyable for you and your horse? Would you and your horse like to feel good before, during, and after a ride? If you're feeling a little unsure or timid, find ways to increase your confidence and strengthen your connection with your horse through the use of TTouch. TTouch consists of bodywork, touches that are applied with the fingers or hands, and ground exercises that increase awareness, hoof-eye coordination, balance, and confidence. Pam will work with two horses to illustrate how riders, students, and instructors can incorporate simple and effective TTouch in their everyday routine.

IN THE SADDLE: RIDING  
WITH INSIGHT®  
USING THE FELDENKRAIS  
METHOD® FOR INTERMEDIATE  
AND ADVANCED RIDERS  
FRIDAY – 4:30 – 5:45 P.M.  
– OUTDOOR ARENA

Mastery of skill requires self-knowledge. This self-awareness allows the equestrian to identify and modify their own movement. Learning through intention, rather than by chance, allows a rider to use the connection between their brain and body to get better results with less effort. The Feldenkrais Method® helps riders in multiple ways: it increases body self-awareness, improving posture and balance. We'll explore balance, postural dynam-

ics and body mechanics using the techniques of body awareness. The use of hands-on Functional Integration® exercises and verbal guidance of Awareness Through Movement® techniques will give each rider an awareness oriented riding lesson. As a result, the riders will experience the self-awareness that translates into effective improvement in skill, improved connection with their horse, and improvement in the ability of their horse to respond to the aids.

### *Laura Benjamin*



*Laura is President of Pinehurst Press Ltd., a woman-owned, veteran-owned, coaching, training, facilitation company in Colorado Springs. Since 1997, Laura's company has helped individuals, teams, boards and independent business owners communicate who they are, what they've done and what they can do for others. She writes a monthly business column, is author of the forthcoming book, "Clear Cut Confidence: How to Raise an Issue and Prove Your Point in 5 Simple Steps", and publishes multiple blogs, including BenjaminsBusinessBlog.com, ColoradoCommunicationCoach.com and ColoradoCareerCoach.com. To contact Laura, visit her website at LauraBenjamin.com or find her on Facebook.*

YOUR PERSONALITY IS  
SHOWING! PROFILE OF YOU  
AND YOUR STUDENT  
THURSDAY – 1:30 – 2:30 P.M.  
– HILTON HOTEL

This fun, thought-provoking and highly interactive program is for those who want to go deeper with personality styles to better understand themselves and others. Whether participants are dealing with a difficult person, trying to understand customers, co-workers or employees, or just want to know if they're really okay, this program is a guaranteed crowd-pleaser. Laura Benjamin is an Authorized Inscape Publishing Distributor who

has used the DiSC® Classic, Team Dimensions, Work Expectations and Personal Listening profiles in her communication and career coaching work for decades.

TAMING "GODZILLA" AND  
OTHER DIFFICULT PEOPLE  
THURSDAY – 2:45 – 3:45 P.M.  
– HILTON HOTEL

Do you have a "Godzilla" in your group? You know 'em when you see 'em; they're the people who have grown more invincible over time because no one knew how to handle their disagreeable behaviors! Unfortunately, whether this person is a difficult colleague, customer, co-worker or employee, what you say and do makes the difference between a productive relationship or could cost you BIG in stress, ill-will, and unresolved issues. This lively, interactive program pokes good-natured fun at the 6 typical styles of difficult people and offers simple, practical solutions for coping strategies. Participants will learn what words to use as well as new approaches to diffuse conflict and improve self-management strategies. In the end, this skill-building program gives participants a better understanding of themselves and others to manage outrageous conduct.

HOW TO BUILD A POSITIVE  
ATTITUDE AND RESILIENCE TO  
CHANGE IN CHALLENGING TIMES  
THURSDAY, 5:30 P.M. – RECEPTION KEYNOTE – HILTON HOTEL

Did you know you have more resilience, resourcefulness and optimism than you might realize? Perhaps you haven't blindly climbed the world's tallest mountain, survived a week at sea without food, water or sunscreen, or had to choose between life and limb. But you DO have the ability, experience, and knowledge to get through the roughest changes and toughest challenges! This fun, informative, inspiring program is perfect for anyone facing change, stress or uncertainty. Through interactive exercises, participants experience for themselves how they already possess what it takes to build and maintain a positive attitude. Laura's down-to-earth style and

captivating stories will resonate with those looking for practical truths, no-nonsense tips and an entertaining learning event!

## Beth Beymer



*Beth has been passionate about horses and has trained and shown various breeds since age 13. Introduced to driving a team during her early*

*teenage years, Beth has trained and driven horses for single, pairs, tandem and four-in-hand. She retired from a career in law enforcement in 2000 to focus on training horses for riding and driving full time at Starfire Farm, in Berthoud, Colorado. Beth and her partner, Sandy North, breed, raise and train Norwegian Fjord Horses. Starfire Farm is best known for the Starfire Farm Quadrille, a drill team coached by Beth that has performed at the National Western Stock Show for over 10 years. Beth's choreography often highlights driving and riding together in the Quadrille's performances.*

## PREPARATION FOR SAFE HITCHING AND DRIVING SATURDAY – 4:30 – 5:45 P.M. – INDOOR ARENA

This session will focus on things you and your horse need to be able to accomplish prior to hitching. Beth will use "Natural Horsemanship" methods to increase the confidence of your driving horse.

## Fred Bruce



*Fred grew up on a ranch in southeastern Colorado and his dad had him on horseback before he was walking. He helped on the ranch and trained*

*horses during high school. He was a horse inspector for the Pinto Horse Association for a couple of years in the late sixties. Went to college in Texas and graduated with a BS degree in Industrial Education and taught school a few years. But horses were*

*calling him so he went back into full time horse work. Fred ranched and trained horses for the public for thirteen years in southeast Colorado. He operated a trail riding and lesson program near Austin, Texas seven years and is currently operating a riding and lesson program in Georgia. Fred is a CHA Clinic Instructor, Trail Clinic Instructor, Stable Management Instructor and Driving Clinic Instructor. He is also a CHA Site Visitor. He has had the honor of being involved in the CHA Pilot Clinics for Trail, Stable Management and Driving. He has done over 40 CHA Certification Clinics as well as numerous other instructional clinics. He has had the pleasure of taking groups on pack trips in twelve of our great states including Alaska and also B.C. Canada.*

## KNOTS AND PUTTING UP A HIGHLINE FRIDAY – 10:30 – 11:45 A.M. – TRAIL ENCAMPMENT

This session will cover the different knots and being ecology friendly to the wild areas.



**Cowboy Poetry, Journey of the Spirit Horse and Marvelous Minis** are proven lesson plans that have been used successfully in schools, camps, riding programs and residential facilities throughout the United States and Canada.

The lesson plans utilize a strength-based teaching model that builds children's character skills and developmental assets as part of the equine activity.

The lessons support both mounted and ground activities that are perfect for rainy days at camp or trail rides through the woods.



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TRAINING YOUR HORSE FOR  
HOBBLES, PICKET LINE AND HIGHLINE  
FRIDAY – 1:30 – 2:45 P.M.  
– TRAIL ENCAMPMENT

Focus will be on safety of both horse and rider on how to train your horse to each of these effectively.

DUTCH OVEN COOKING  
FRIDAY – 3 – 4:15 P.M.  
– TRAIL ENCAMPMENT

The fire and coals are hot and the Dutch ovens are going! Please join us to learn how to cook in a Dutch oven and watch the Trail Encampment crew in action as they cook dinner for everyone!

## Scott Carter



Scott is a Level 3 CHA packing instructor, board member, and is serving on the pack and trail and the research and develop-

ment committees. His experience in packing comes from working as ranch manager and packing guide for Camp Classen YMCA in Davis, Oklahoma. He currently works for Blessing Ranch in Livermore, Colorado.

TRAIL ENCAMPMENT  
FRIDAY AND SATURDAY ALL DAY  
– COLORADO STATE UNIVERSITY  
EQUINE CENTER

Scott, along with the rest of the vested posse, invites you by the trail encampment to answer any questions dealing with packing: such as knots, Dutch-oven cooking, packing demonstrations with a regular saddle, sawbuck, or Decker. So come on by and they will keep the coffee on for you.

## Chad Coppess



Chad is the Ranch Director at Grace Adventures, a leadership training center located in the Silver Lake/Mears area of Michigan. There he manages 50 saddle horses, a few teams

of draft horses and mules, and a dozen seasonal staff. Chad has also founded Cross Training Horsemanship where he travels teaching healthy relationship principles and character development to audiences while training horses. He has been a member of the Muskegon County Mounted Division since 2002. In 2005 he competed in his only Mounted Police Competition and won. In January he and his police horse were invited to participate in President Obama's inauguration parade. A life member of CHA, Chad is currently certified as wilderness guide and outfitter, and an assistant trail clinic instructor. Chad's background in horses goes back to his grandfather, a Michigan dairy farmer that started a horse ranch ministry in 1968 and his father who resides and ranches in Custer, South Dakota. He and his wife, Tricia, have one daughter and one son.

DESENSITIZING YOUR  
HORSES TO NEW STIMULI  
THE MOUNTED POLICE WAY  
FRIDAY – 3 – 4:15 P.M.  
– OUTDOOR ARENA

Has your horse ever spooked for "no apparent" reason? No matter what the discipline you ride in, we have all at one time or another experienced a situation when riding that has ranged from frustrating to downright frightening. Unfortunately, many riders say they don't have time to desensitize their horse and have to just deal with the situation when it happens. This can result in fear and anxiety for both the horse and rider or worst yet someone gets hurt. However, mounted police for decades now

have been using the natural instincts of the horse and the herd to help the horse overcome many of its natural fears. This seminar will focus on how to strategically teach your horse to be confident, calm, and collected no matter the situation or circumstance.

## Ellen Fitzgerald



– photo credit Betsy Lynch

Ellen Fitzgerald works with her clients to achieve the saddle fit that allows peak comfort and

performance for both horse and rider. She addresses all styles and makes of saddles using basic principles of fit that promote ease of movement for horses and optimum balance for the riders. Ellen maintains her objectivity by not representing any saddle company and is able to evaluate what brands are more suitable for certain equine body types. Ellen trained with English and Western master saddlers, nationally recognized veterinarians, equine massage therapists, and other practitioners to develop a well rounded understanding of the biomechanical needs of equine sports. She has synthesized this information and works to educate equestrians all over the country through presentations, magazine articles and in each individual saddle fitting. Ellen is a regular presenter for equine massage schools and riding clubs. Her articles have appeared in *Perfect Horse Magazine* and *Equine Wellness Magazine*.

SADDLE FIT FOR HORSE & RIDER  
FRIDAY – 3 – 4:15 P.M.  
– ROUND PEN

Ellen will address how to assess saddles for structural integrity and for horse and rider fit. She will indicate common 'hotspots' and when a saddle might be useable even if it isn't perfect. Ellen will discuss balance, placement and rider fit as key components to horse performance.



## Tammi Grainer



Having grown up around horses, Tammi began her professional equine career in 1989 as a trail guide at a large ranch camp where she attended her first CHA Standard Clinic and became a certified instructor in 1990. Tammi joined the instructor staff at Pegasus Farm, one of the largest therapeutic equestrian centers in the United States, in the spring of 1995. While working at the Farm part-time and home schooling her three children, Tammi also spent much time working under several trainers in both reining and dressage and achieving NARHA instructor certification. In 2000, she achieved CHA Master Level Instructor and clinic staff status and has since earned CI status in the IRD and Vaulting programs as well. Tammi was promoted to Equestrian Director at Pegasus Farm where she manages all aspects of the equestrian programs that now include 250 plus students each week participating in areas

such as horsemanship, driving, vaulting and work programs. Since 1998 she has been the coach of the Pegasus Vaulting Club; a twelve member team made up of program riders and community youth.

HOW TO GET A VAULTING PROGRAM STARTED AT YOUR BARN  
THURSDAY – 2:45 – 3:45 P.M.  
– HILTON HOTEL

This session will help you know what you need as far as equipment, horses and staff to start a recreational vaulting program at your facility.

VAULTING EXERCISES  
SATURDAY – 10:30 – 11:45 A.M.  
– INDOOR ARENA

Everyone should have the opportunity to experience the sport of vaulting. Not only does it increase one's strength and balance it is just plain fun and anyone can do it! This workshop will focus on how you can incorporate vaulting into your program with or without a horse.

## Maureen Gallatin



Maureen describes what she does as giving people a leg up. Her unique brand of wisdom and warmth, humor and horsemanship is inspirational and encouraging. For 10 years she was the editor of John Lyons Perfect Horse magazine. She is founder of "Trainers Making a Difference" and "Inspired by Horses." Maureen is a frequent speaker and consultant in the horse industry, with an emphasis on helping trainers and riding instructors to understand the subtleties that make their businesses successful. She also works with Equestrian Ministries International, helping people start or maintain ministries involving horses. Maureen is a member of the International Coordinating Team of AIM, an umbrella organization representing about 4,000 churches and organizations working together to make a positive impact before, during, and after the World Equestrian Games. [www.inspiredbyhorses.com](http://www.inspiredbyhorses.com).



### Join us in LEXINGTON, KENTUCKY FOR THE 2010

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More Details available at [www.ayhc.com](http://www.ayhc.com) this summer!

# CHA International Conference

Colorado State University & Hilton Fort Collins

October 8 – 11, 2009

## Thursday, October 8, 2009

- 10 a.m. – Noon  
8:30 – 11:30  
Registration – Hilton Fort Collins Hotel  
\$\$ How to Market Your Business on a Shoestring – Laura Benjamin – \$59.00/person -  
Register at [www.LauraBenjamin.com](http://www.LauraBenjamin.com)
- Noon  
Welcome Lunch – Hilton Fort Collins Hotel  
Keynote – Daniel Stewart – The Role of Humor and Positive Thinking in Equestrian Sport Psychology  
CHA Annual Membership Meeting
- 1:30 - 2:30 p.m.  
Mitzi Summer - Hands on Centered Riding Workshop – Ground Work Without Horses  
Julie Goodnight – Understanding and Teaching Horse Behavior  
Laura Benjamin – Your Personality is Showing! Profile of You and Your Students  
Eric Haydt, RAS – Triple Crown Nutrition – Unwrapping the Confusion on Nutrition
- 2:45 – 3:45 p.m.  
Larry Killam - Horses: Genesis to Revelation  
Christy Landwehr – The Ins and Outs of CHA – How to Make Your Association Work For You  
Tammi Gainer – How to Get a Vaulting Program Started at Your Barn  
Laura Benjamin - Taming “Godzilla” and Other Difficult People
- 4 – 5 p.m.  
Daniel Stewart – How to Develop an Equestrian Cross-Training and Fitness Program  
Tracy Schmidt – Online Social Networking - How It Can Increase Revenue for Your Riding Program  
Ann Streett-Joslin – Using Arena Assistants and Side Walkers Effectively  
Maureen Gallatin – World Equestrian Games and How You Can Benefit from Them
- 5:30 p.m.  
Meet and Greet Reception – Hilton Fort Collins Hotel  
Keynote – Laura Benjamin - How to Build a Positive Attitude/Resilience to Change in Challenging Times  
Visitors will attend from other equine clubs and associations in Colorado

## Friday, October 9, 2009

- 9 – 10:15 a.m.  
Breakfast on your own  
Daniel Stewart – Mental Preparation Clinic - Sport Psychology on Your Horse – Indoor Arena  
Semi Private Dressage Lessons – JoAnne Young \* Western Lessons – Heidi Potter – Outdoor Arena  
Pamela Beets – Touch for Your Beginner and Intermediate Students – Round Pen  
Trail Encampment Topics – Trail Encampment – All Day
- 10:30 - 11:45  
Richard Shrake – Horse Conformation and How to Use It to Your Advantage – Indoor Arena  
Lori Hall McNary – Mounted Games – Outdoor Arena  
Jim McDonald – Ground Work to Improve Your Relationship with Your Horse – Round Pen  
Fred Bruce – Knots and Putting Up a Highline – Trail Encampment
- Noon  
Lunch – Richard Shrake - Resistance Free Training – Indoor Arena
- 1:30 - 2:45  
Mitzi Summers - Centered Riding Workshop for Instructors - Using Students on Horses – Indoor Arena  
Teresa Kackert – Jumping Gymnastics – Start to Finish – Progress Made Simple – Outdoor Arena  
John Hilderbrant – Working with the Problem Hoof – Round Pen  
Fred Bruce – Training Your Horse for Hobbles, Picket Line and Highline – Trail Encampment
- 3 – 4:15 p.m.  
Richard Shrake - Western and Hunt Seat Horsemanship Patterns - Indoor Arena  
Chad Coppess – Desensitizing Your Horses to New Stimuli the Mounted Police Way – Outdoor Arena  
Ellen Fitzgerald – Saddle Fit for Horse and Rider – Round Pen  
Fred Bruce – Dutch Oven Cooking – Trail Encampment
- 4:30 - 5:45  
Julie Goodnight – How and When to Use Artificial Aids Correctly – Indoor Arena  
Pamela Beets – Feldenkrais Method for Intermediate/Advanced Riders – Outdoor Arena  
Dr. Michael Suit – Emergency Care on the Trail - Round Pen
- 6 p.m.  
Dinner at the Trail Encampment or On Your Own  
Keynote - Chuck Peterson – Handling Pack Stock Safely – Indoor Arena

# Tentative Schedule of Events

## Saturday, October 10, 2009

	Breakfast on your own
9 a.m. - 10:15	Trail Encampment Topics – Trail Encampment – All Day Julie Goodnight – Exercises for Riders to do at Different Levels at the Same Time - Indoor Arena JoAnne Young – Lunge Line Exercises to Improve Rider Equitation – Outdoor Arena Kim Fortune – SHOT Program and How it Can Benefit Your Students - Lecture Room
10:30 - 11:45	Tammi Gainer – Vaulting Exercises – Indoor Arena Will Wagner – Arena Polo – Outdoor Arena Louis Wood – Tools to Empower the Horse and Rider for a More Effective Relationship Part 1- Round Pen
Noon	Lunch – Julie Goodnight - Equitation Problems and Solutions for All Levels of Riders – Indoor Arena
1:30 - 2:45	Gerrie Barnes – Versatility Ranch Horse Competition – Indoor Arena Kristin Schuett - Tailoring Lessons to Visual and Kinesthetic Learners – Outdoor Arena Julie Goodnight – How to Avoid Burnout – Lecture Room
3 – 4:15 p.m.	Louis Wood - Tools to Empower the Horse and Rider for a More Effective Relationship Part 2 - Indoor Arena Daniel Stewart – Mental Preparation Clinic -Sport Psychology on Your Horse - Outdoor Arena Dr. Temple Grandin – Horse Behavior - Lecture Room
4:30 - 5:45	Beth Beymer – Preparation for Safe Hitching and Driving - Indoor Arena Heidi Potter – Moving The Four Quarters of the Horse – Outdoor Arena Sandi Thurston – Bits and Biting - Round Pen
7 p.m.	CHA Annual Awards Banquet – Hilton Fort Collins Hotel Dr. Temple Grandin - Keynote
9 p.m.	Closing of Silent Auction – Hilton Fort Collins Hotel

## Sunday, October 11, 2009

	Breakfast on Your Own
	Tours on your Own – <ul style="list-style-type: none"><li>➤ Visit the Rocky Mountain National Park - <a href="http://rockymountainnationalpark.com/">http://rockymountainnationalpark.com/</a></li><li>➤ Visit the Budweiser Plant and see the Clydesdales - <a href="http://www.budweisertours.com/toursFTC.htm">http://www.budweisertours.com/toursFTC.htm</a></li><li>➤ Tour Denver - <a href="http://www.denver.org/">http://www.denver.org/</a></li></ul>
8 a.m. – 10 a.m.	% Equine U CPR and First Aid Certification Hands on Portion – Hilton Hotel
11 – 1 p.m.	% Equine U CPR and First Aid Certification Hands on Portion – Hilton Hotel Lunch on Your Own
2 – 4 p.m.	% Equine U CPR and First Aid Certification Hands on Portion – Hilton Hotel

# Full conference participants may ride in one mounted presentation. Please bring own boots, correct riding attire and ASTM-SEI approved helmets. Sign up at the CHA registration desk at Hilton Fort Collins Hotel.

\$ Registration and extra fee required. Sign up at CHA registration desk.

\$\$ Registration and extra fee required. Sign up at [www.LauraBenjamin.com](http://www.LauraBenjamin.com) ahead of time.

\* Sign up sheet will be available during conference registration at the hotel.

(IRD) – Session is for all instructors, but will have information for IRD instructors specifically as well.

% CPR and First Aid Certification requires a separate registration and separate fee and that written course work is complete online prior to attending the conference – visit <http://www.equineu.com/courses/cha.php> to register. There are different times to sign up for and you only have to do one two-hour session and the online test that is required beforehand.



WORLD EQUESTRIAN GAMES  
AND HOW YOU CAN  
BENEFIT FROM THEM  
THURSDAY – 4 – 5 P.M.  
– HILTON HOTEL

The World Equestrian Games is coming to Lexington, KY in 2010! It will be the largest equine sporting event ever held in the United States. Much bigger than the equestrian Olympics, the WEG is comprised of eight equestrian sports as well as para-equestrian competition. Organizers expect horses, trainers and exhibitors from about 100 countries, and 600,000 spectators. But this isn't just a Kentucky event. The WEG can benefit your business, even if you don't plan to attend and are not competition oriented. In this fast-paced workshop, Maureen will give you lots of practical ways in which your business can get a boost from the Games — from adding WEG-related activities to attracting people new to horses to your training, adding fun and excitement to your farm, and gaining local media exposure.

*Julie Goodnight*



*Julie Goodnight has more than a quarter-century of horse training experience. Her varied background ranges from dressage and jumping to racing, reining, colt-starting, and wilderness riding. She teaches "Classic Skills for a Natural Ride" and travels coast-to-coast and beyond to film her television show, Horse Master, as well as to appear at horse expos, conferences and clinics. Her training and teaching techniques are frequent features of Horse & Rider, The Trail Rider and America's Horse. In 2008 she was named Equine Affaire's Exceptional Equestrian Educator—one of only three awards ever given. Julie is clinic staff for CHA and the association's international spokesperson. Visit [www.juliegoodnight.com](http://www.juliegoodnight.com).*

UNDERSTANDING AND  
TEACHING HORSE BEHAVIOR  
THURSDAY – 1:30 – 2:30 P.M.  
– HILTON HOTEL

Learn the critical dynamics of horse and herd behavior and how ground work relates to the horse's natural behavior and how we can foster the ideal relationship between horse and rider.

HOW AND WHEN TO USE  
ARTIFICIAL AIDS CORRECTLY  
FRIDAY – 4:30 – 5:45 P.M.  
– INDOOR ARENA

Know the correct use and adjustment of common artificial aids; which aids are appropriate for use in riding programs and how to deal with private clients and the use of artificial aids in relationship to the horse's training.

EXERCISES FOR RIDERS  
TO DO AT DIFFERENT LEVELS  
AT THE SAME TIME  
SATURDAY – 9 – 10:15 A.M.  
– INDOOR ARENA

Learn fun and productive exercises to use in lessons that will keep all levels of riders challenged and motivated to improve their riding and develop fundamental skills.

EQUITATION PROBLEMS  
AND THEIR SOLUTIONS  
SATURDAY – NOON – LUNCH  
KEYNOTE – INDOOR ARENA

A humorous, but realistic look at common equitation errors seen in riders everywhere. We'll dissect the problem, how it affects the horse and rider and offer clear solutions to improve equitation.

HOW TO AVOID BURNOUT  
SATURDAY – 1:30 – 2:45 P.M.  
– CSU LECTURE ROOM

With the intensity of horses, anyone working with horses full time is likely to experience burnout sooner or later in their careers. We'll take a look at the causes of burnout and how to organize your career for longevity and success.

*Dr. Temple Grandin*



*Dr. Grandin was awarded her Ph.D in Animal Science from the University of Illinois and is currently a Professor at Colorado State University. She has chaired the*

*Livestock Handling Committee of Livestock Conservation Institute for fifteen years, and has authored educational materials on livestock handling and bruise prevention. Two videos on cattle and swine handling have been sold to over 1,000 high schools, universities, laboratories and producers. Dr. Grandin has custom designed 81 handling systems that have been constructed in the United States, Canada and Australia. She has consulted with a total of 240 different clients throughout the U.S. and abroad. Following her Ph.D. research on the effect of environmental enrichment on the behavior of pigs, she has published 256 industry publications, book chapters and technical papers on animal handling plus 20 refereed journal articles in addition to her books which have been on the New York Times Bestseller list - Thinking in Pictures and Animals Make us Human. Dr. Grandin is a past member of the board of directors of the Autism Society of America.*

HORSE BEHAVIOR  
SATURDAY – 3 – 4:15 P.M.  
– CSU LECTURE ROOM

Dr. Grandin will go over horse behavior as she has seen it throughout her research.

KEYNOTE SPEECH –  
ANIMALS MAKE US HUMAN  
SATURDAY AT 7 P.M.  
– HILTON HOTEL

Dr. Grandin will address how animals think and feel, visual thinking, avoiding fear memories and sensory bred thinking during this visual talk.

## Lori Hall-McNary



Lori is a third generation cowgirl, owner and trainer of Rockin' L & D Ranch in Southern California. Lori's won local, state, and national gymkhana championships, and is a certified California Gymkhana Association Judge. Lori is also a Western ACI for CHA. As a trainer and instructor one of Lori's proudest accomplishments is of a student that qualified for the National Barrel Racing Association World Show her rookie year on a nineteen year old "throw away" horse. Lori's best known for her patience, persistent and perseverance in working with both students and horses to accomplish their riding and showing goals. Lori was the CHA 2005 Instructor of the Year and was named a 2007 America's Top 50 Riding Instructor from ARIA. She is the current Region 10 Director for CHA.

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MOUNTED GAMES  
FRIDAY – 10:30 – 11:45 A.M.  
– OUTDOOR ARENA

Introduction to gymkhana events and other fun mounted games to incorporate into your lesson plans with all levels of riders. Your students will gain confidence in their seat and increase their hand/eye coordination as well as develop better balance. Come and take home some new games to start doing with your students – young and older!

## Dr. Eric Haydt



Graduated in 1977 from the Pennsylvania State University with a BS in Accounting, but went immediately in a different

direction. Since graduating he has worked in all areas of the feed industry exclusively, including manufacturing,

sales, marketing and management primarily in the equine environment. He is currently Vice President of Marketing and Sales for Triple Crown Nutrition and has been involved from the inception in the Triple Crown feed line, and is a member of the American Association of Professional Animal Scientists. Eric and Triple Crown are dedicated to staying on the cutting edge of equine nutrition to provide the newest innovations and the healthiest diets for our equine companions.

UNWRAPPING THE  
CONFUSION ON NUTRITION  
THURSDAY – 1:30 – 2:30 P.M.  
– HILTON HOTEL

In this session we will explore some of today's topics on nutrition advances and concerns, and how to make horse feeding decisions easier. Are supplements necessary with the right feeding program?

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"Ask and Wait for Answers, then Give for Results" – Katherine Barbarite

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## John Hilderbrant



John began shoeing horses when he was in college at Colorado State University (CSU). After graduating, he went to work for several large ranches on

Colorado's western slope. Once the managers found they had a cowboy who liked to trim and shoe, the work was abundant. John thought he had better find out some more things about anatomy and blacksmithing, so bought a book about farrier work. Instead of giving him all the answers, it just made for more questions. He began to seek out help from other farriers. Other people off the ranch were asking to have some horses shod, this was both exciting and intimidating. Realizing how much he did not know, he decided to go through the farrier apprenticeship program at CSU. Afterwards, he went to work for Glen Reid, a long time farrier in Fort Collins. What John learned about shoeing from Glen was great, and about horse handling amazing. John is active in the Rocky Mountain Farriers Association and the American Farriers Association. He is currently serving his second term as president of the RMFA. John feels very fortunate to work in Northern Colorado because he is surrounded by a fantastic group of very talented farriers who are constantly trying to raise the bar and become better at their chosen trade. John feels that the most important thing in the farrier trade is the fundamentals - if the basics of anatomy, trimming feet and making shoes are mastered, many other problems never arise.

### WORKING WITH THE PROBLEM HOOF

FRIDAY – 1:30 – 2:45 P.M.  
– ROUND PEN

We will cover the fundamentals of anatomy and trimming when dealing with any horse and horses with conformational deficiencies as well.

## Teresa Kackert



Teresa has been CHA clinic staff since 2003. She is also Chris Irwin Double Gold Certified and a Richard Shrake Resistance Free® Master Level instructor. Teresa

is the Creator of Soft Touch Training Method and has over 20 years professional experience as a Rider, Competitor, Trainer, Instructor, Clinician and Personal Coach. She is founder of Great Horses of America Consignment Horse Sales & Training and Co-Founder of Pink Heart Pony Kids, Inc. Teresa specializes in horse behavior modification, confidence building in both horse and rider for all riders, all horses, all levels and all disciplines. [www.GreatHorses.org](http://www.GreatHorses.org), [GreatHorses@msn.com](mailto:GreatHorses@msn.com).

### JUMPING GYMNASTICS – START TO FINISH – PROGRESS MADE SIMPLE FRIDAY – 1:30 – 2:45 P.M. – OUTDOOR ARENA

Putting theory into practice, these exercises over ground poles and fences will sharpen both horse and rider skills while improving safety, consistency and having fun at the same time. Please bring all your questions, issues or concerns—I am at your service!

## Larry Killam



Larry lives in Colorado with his wife, Luana. He is a Level One instructor who loves to work with children and is a self taught horse trainer. In 1997 he

started HorseGate Ministry using his horses. Using biblical principles he teaches an array of subjects dealing with horsemanship. He offers individual classes and group setting at churches, camps, and equestrian events. His knowledge comes from

such trainers as John Lyons, Debbie Bibbs, Lew Sterrett, Paul Daily, and Julie Goodnight. Currently he is under an apprenticeship program with Debbie Bibbs of Running D Ranch. He volunteers at Iron Horse Christian Youth Ranch teaching children and training rescue horses. He has written his first book titled, *Horse Tales*, which are four short horse stories from the Bible with a pitch of kid's imagination.

### HORSES: GENESIS TO REVELATION THURSDAY – 2:45 – 3:45 P.M. – HILTON HOTEL

This session will use published educational resources with emphasis on the Bible to promote education that benefits the horse industry. Material will be presented that discusses the beginning of horses, naming, care, use (then and now) and training.

## Christy Landwehr



Christy has been active in the horse industry for over 30 years. Hunter/jumper, dressage, native costume, side saddle, western pleasure, hunter pleasure, endurance riding and

saddle seat equitation are just some of the disciplines Christy has competed in at the local, regional and national levels. She has been teaching children and adults how to ride for over 20 years. Christy is a CHA Clinic Instructor and Site Accreditor and has taught students in 4H, FFA and Pony Club. She is the Past President of the American Youth Horse Council. She also founded, competed on and coached the University of Colorado at Boulder IHSA equestrian team. Christy has her undergraduate degree in public relations and speech communication and her masters degree in mass communication and journalism. She was the Sponsorship and Youth Programs Manager for the Arabian Horse Association, a trainer for Skill Path Seminars, and the Development Director for The Urban Farm that works with at-risk youth in Denver. Currently, she is the CEO for the Certified Horsemanship Association.



THE INS AND OUTS OF CHA –  
HOW TO MAKE YOUR  
ASSOCIATION WORK FOR YOU  
THURSDAY – 2:45 – 3:45 P.M.  
– HILTON HOTEL

Come and join CHA staff and board members as they explain each member benefit of CHA and how you can get the most marketing and education out of your association.

## Jim McDonald



*A life-long horseman Jim became aware of and started to study the principles of natural horsemanship in 1988. He founded*

*the Graham Equestrian Center (GEC) in 1999. GEC is a non-profit organization dedicated to horsemanship education. He holds weekly classes where he teaches about building a relationship with the horse starting with ground work which then transfers to work in the saddle. Building a system of communication, based primarily on*

*body language Jim teaches his students how to get the horse to focus on them and to look to the human for what to do next. Jim also holds many clinics at the GEC as well as traveling to private farms to help individuals with a variety of horses with behavioral problems. He is also a frequently featured clinician at the Horse World Expo.*

GROUND WORK TO  
IMPROVE YOUR RELATIONSHIP  
WITH YOUR HORSE  
FRIDAY – 10:30 – 11:45 A.M.  
– ROUND PEN

A successful relationship between horse and human is dependent on clear communication between the two. It is essential that the human understands ways to communicate with the horse that facilitates learning. The person needs to be calm, clear and persistent. Know what you want and when you want it from the horse so that you can reward him at the right moment. You will learn these things as well as the importance of sequencing cues to get the right response with the softest cues.

## HELP US BUILD OUR NEST EGG



### CHA DONATIONS

CHA is a 501(c)3 non-profit organization that supports its mission by memberships, advertising, business partnerships and your contributions. Please take a moment to fill out the form below, and mail it back to our office!

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Please accept my \$\_\_\_\_\_ tax-deductible donation to help with future programming.

- ☐ Kevin Stacey Memorial IRD Fund
- ☐ Don Dunlap Trail Fund
- ☐ Instructor Certification Scholarship
- ☐ Other: \_\_\_\_\_

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## Chuck Peterson



40 years a horseman, rancher, packer and outdoorsman. Chuck Peterson has been raising & training horses and mules and packing the back country for many years. He has been an active packer and packing clinician, instructor at Colorado State University for over 25 years where he also is the Equine Teaching and Research Center General Manager. Some of his activities include clinics for the Back Country Horsemen, 4-H Groups, Outfitter Associations, United State Forest Service, National Park Service, and The United States Army.

HANDLING PACK STOCK SAFELY  
FRIDAY – 6 P.M. – KEYNOTE DURING  
DINNER – INDOOR ARENA

Come to this entertaining and informative session on how to safely handle pack stock and do useful knots and hitches. Chuck will demonstrate a variety of trail obstacles leading a string as well.

## Heidi Potter



Heidi Potter is a professional horsewoman who is well known and respected for her knowledgeable and compassionate approach to horses and humans. As a Level III Centered Riding® Clinician she helps students of all levels and disciplines find improved balance, comfort, communication and confidence in the saddle. The key element of her program, "In Harmony With Horses" is mindfulness. A true advocate of the horse, Heidi helps her students understand how strongly their minds, bodies and emotions influence their horse's behaviors and reactions. She gains great insight by applying the parallels between her work with horses and her training in the Martial Arts and Yoga. Heidi is a CHA Master Level Instructor and Clinic Instructor. She teaches, trains and conducts a wide variety of clinics and workshops both at home and abroad. She resides in Southern Vermont at her family's farm, Maple Ridge Stable. To learn more please visit [www.InHarmonyWithHorses.com](http://www.InHarmonyWithHorses.com).

SEMI-PRIVATE WESTERN LESSONS  
FRIDAY – 9 – 10:15 A.M.  
– OUTDOOR ARENA

Take a semi private western lesson from Heidi. Extra fee is required and can be paid at registration.

MOVING THE FOUR QUARTERS  
OF THE HORSE  
SATURDAY – 4:30 – 5:45 P.M.  
– OUTDOOR ARENA

When lateral work is done well it looks easy and fluid. It is an important step in the training of horses in all disciplines. This session is about learning how to communicate to your horse which leg you would like to move and where you would like it to go. We will explore the 3 points of the barrel, along with your seat/leg and rein aides. Our goal will be to get precise enough so we can place each foot on a specific "target" on the ground. We will also introduce the steps needed to teach a turn on the forehand, turn on the haunches, side pass, and possibly leg yielding (if time permits).

## Tracy Schmidt



Tracy Schmidt, awarded a BFA in Graphic Design from the University of Kansas, has over 20 years working in fine art, graphic design, visual communication, marketing, sales, publishing, web development, search engine optimization, email design and delivery. Tracy has had the pleasure of working with large corporations, non-profits, small businesses from within the horse industry, politicians, community organizations, real estate and mortgage lending, to a wide range of other industries. She has worked on projects from inception through completion, for corporate identity development and implementation, marketing strategies and fulfillment, print ad campaigns, sales and business development, graphic design and production, website design and web development, and in publishing and print production, ad design and marketing campaigns. Tracy is currently a self-employed consultant, providing services in Website & Graphic Design + Sales & Marketing through SOL Design, Inc., in Denver, Colorado. [www.SOLdesign.us](http://www.SOLdesign.us)

ONLINE SOCIAL NETWORKING –  
HOW IT CAN INCREASE REVENUE  
FOR YOUR RIDING PROGRAM  
THURSDAY – 4 – 5 P.M.  
– HILTON HOTEL

Facebook, Twitter, MySpace, LinkedIn—what does it all mean? This session will unveil the confusion and enlighten you on new potential clients and revenue sources. It is easier than you think to get started and to maintain. Please join us and start networking online today!

## Kristin Schuett



Kristin Schuett owns Freely Equine, LLC, a mobile service providing lessons and training at homes and barns throughout northern Colorado. Her passion is

to improve teamwork between horse and rider, which involved working with the horse and rider separately, then together. For beginners, she provides instruction on experienced lesson horses boarded in Berthoud, CO. She also leads trail riding lessons at various locations along the Front Range. Kristin is a CHA-certified instructor for Western, English, and riders with disabilities.

TAILORING LESSONS TO VISUAL  
AND KINESTHETIC LEARNERS  
SATURDAY – 1:30 – 2:45 P.M.  
– OUTDOOR ARENA

Tailoring Lessons to Visual and Kinesthetic Learners Not every riding student learns the same way. Some learn better by seeing, and others by doing. This session explores the difference between these two learning styles and shows you how to tailor your group or individual lessons accordingly. Both riders and observers will get to practice using teaching techniques designed to maximize each student's ability to improve their riding skills, both during and between lessons.



## Richard Shrake



*Richard Shrake has been an international judge for seven breeds of which he has judged over 16 world or national championship shows. In*

*the 1970s, Richard coined the phrase Resistance Free Training® and has been able to train his method in over 5 different countries around the world. This method of horse training is used in over 60 colleges and universities around the country and has helped thousands of people work with their horses instead of against them. Richard has had over 40 students who have won a national or international title in equitation throughout his training and showing career. Richard and his family live in Sunriver, Oregon at a Winning Way Farm.*

HORSE CONFORMATION & HOW  
TO USE IT TO YOUR ADVANTAGE  
FRIDAY – 10:30 – 11:45 A.M.  
– INDOOR ARENA

Learn how to select horses by knowing their athletic measurements to help know what they can be used best for and any problems that might need to be addressed.

RESISTANCE FREE TRAINING®  
FRIDAY – NOON – KEYNOTE DURING  
LUNCH – INDOOR ARENA

This is what Richard Shrake is known for! Come and learn about how to work with your horses effectively and not against them in this interactive session.

WESTERN AND HUNT SEAT  
HORSEMANSHIP PATTERNS  
FRIDAY – 3 – 4:15 P.M.  
– INDOOR ARENA

Come to this session to learn how to improve your student's horsemanship equitation position and patterns. Also tips to improve their horses and your school horses with pattern precision.

## Daniel Stewart



*Daniel Stewart has been a highly successful international competitor and trainer for over 20 years. From 1999 to 2007 he coached riders on several U.S. teams to success at many world championships and Olympics. He currently*

*divides his time between Andalusia, Spain and Santa Barbara, CA and is the author of the internationally acclaimed book Ride Right. Prior to becoming a U.S. coach, he earned a degree in Exercise Science and Psychology and worked as a consultant to other national riding teams including Portugal and Canada. In 2008 he left the U.S. equestrian team to share his knowledge and experience with the U.S. riding community and is now considered an authority on equestrian sport psychology, biomechanics and performance.*

THE ROLE OF HUMOR  
AND POSITIVE THINKING IN  
EQUESTRIAN SPORT PSYCHOLOGY  
THURSDAY – LUNCH KEYNOTE  
– HILTON HOTEL

A valuable, humorous and informative seminar teaching stress management, goal setting, positive thinking and visualization techniques to help riders maximize success, focus, enjoyment and confidence while minimizing stress, fear and performance anxiety while riding.

HOW TO DEVELOP AN  
EQUESTRIAN CROSS TRAINING  
AND FITNESS PROGRAM  
THURSDAY – 4 – 5 P.M.  
– HILTON HOTEL

An eye opening workshop teaching cross training exercises that help riders identify and solve imperfections with their balance, symmetry, suppleness, posture, core strength, etc. by using exercises and a unique balance-board designed especially for riders.

MENTAL PREPARATION CLINIC  
– SPORTS PSYCHOLOGY  
ON YOUR HORSE  
FRIDAY – 9 – 10:15 A.M.  
– INDOOR ARENA  
SATURDAY – 3 – 4:15 P.M.  
– OUTDOOR ARENA

For the first time ever, an equestrian sport psychology class... on your horse where you belong! As riders, we continually encounter stressful and unpredictable events and how we handle them greatly influences our ability to succeed. This session will teach riders how to control feelings of stress, confusion, doubt and performance anxiety in their practices so that these negative emotions will no longer affect them in their riding.

Most riders agree that one of the greatest challenges we face while schooling and showing is mental, yet most of our practices focus only on the physical. Let the BOX, ZIPPER, DICE, TEST, BLIND and GOAL help you gain control of your motions by helping you to gain control of your emotions.

## Ann Streett-Joslin



*Ann Streett-Joslin has been active with horses and the horse industry for over 50 years. From the show-ring, to state 4-H horse awards, to guest ranches, to*

*driving and training youngsters, Ann is well-versed in the business. She is a CHA Master Level Riding Instructor and a CHA Clinic Instructor for English, Western, Equine Facilities Management, and Instructor of Riders with Disabilities. Ann is also a CHA Site Accreditor, a certified therapeutic riding instructor with NARHA and is a Richard Shrake Certified Resistance Free® Instructor and Trainer.*

USING ARENA ASSISTANTS AND  
SIDE WALKERS EFFECTIVELY  
THURSDAY – 4 – 5 P.M.  
– HILTON HOTEL

As instructors, how often do we have the luxury of having an assistant in the ring with us? And if we have them are they wondering what



to do? You will learn practical ways to utilize one or more assistants to enhance your overall effectiveness and improve general lesson safety. You will see how assistants can spot riders for mount and dismount, on-lead riding, rail work, and using obstacles. Your assistants can become an integral part of lessons.

## Dr. Michael Suit



Growing up, Dr. Suit enjoyed countless back country trails on horseback throughout Arizona with his father and brother. Upon graduation from Arizona State University with a Bachelors of Science in Outdoor Recreation and Tourism, Dr. Suit worked on dude ranches in both Arizona and Colorado prior to entry in to the veterinary program at Colorado State University. Dr. Suit enjoys combining his love of the outdoors and back country with equine veterinary practice. He is in equine private practice in Loveland, Colorado, but cares for clients and their horses throughout Fort Collins, Estes Park, and the Northern Front Range of Colorado.

EMERGENCY CARE ON THE TRAIL  
FRIDAY – 4:30 – 5:45 P.M.  
– ROUND PEN

Horses and back country trail riding are as American as it gets; however, riding without proper preparation and action on the trail can and will lead to disastrous outcomes. Learn the steps to protecting your horses and yourselves before, during, and after your back country adventures.

## Mitzi Summers



Mitzi has been a CHA Clinician for many years as well as a Level IV Centered Riding Instructor. She has given clinics throughout the United States, Europe, and New Zealand. She has also judged for many years, attaining her American Judging Association Certification in Hunt

Seat, Stock Seat and Saddle Seat. She has shown successfully in many disciplines including dressage, open jumping, and western. She rode and traveled at one time with the Royal Lipizzan Stallion Tour, and also attended the Northern School of Equitation in Ormskirk, England. Mitzi has been the head instructor-trainer and director at several stables throughout her career, but now enjoys free-lancing. Her business is SUMMERSET (Summers Equine Theory), in which she holds workshops for owners, instructors and trainers. Mitzi can be reached at SummersDressage@aol.com or at [www.MitziSummers.com](http://www.MitziSummers.com).

HANDS ON CENTERED RIDING  
WORKSHOP (GROUND WORK  
WITHOUT HORSES)  
THURSDAY – 1:30 – 2:30 P.M.  
– HILTON HOTEL

Participants are involved in exercises that allow instructors and riders to isolate and identify body mechanics that are necessary to know when riding. Be prepared to take turns being a “horse” and to perform half-halts, cantering, and lateral work ...all without your horse! Bring a bridle if you have one.

HANDS ON CENTERED RIDING  
WORKSHOP FOR INSTRUCTORS  
(USING STUDENTS ON HORSES)  
FRIDAY – 1:30 – 2:45 P.M.  
– INDOOR ARENA

Students will be observed while riding, and discussion will involve spotting balance and tension areas in the rider and how best to help the rider feel more balanced. Participants will be shown various Centered Riding techniques that will enable the riders to become more aware of their bodies, and how they can better communicate with their horses.

## Sandi Thurston



Sandi Thurston, who lives just west of Denver now, spent her 4H and college years in Arizona. Then it was the mecca for

Arabians, a show place for gaited horses and a world class setting for Quarter Horses. This variety launched a thirty year career judging 4H and open shows, training and teaching.

BITS AND BITTING  
SATURDAY – 4:30 – 5:45 P.M.  
– ROUND PEN

Bits and Biting will look at the history behind them, why they work, or don't work, and how simple changes can affect your horse's performance.

## Will Wagner



Will is a nationally recognized clinician with a talent for starting horses and teaching good horsemanship to individuals. He uses a varied background in natural horsemanship, competitive polo, jumping, and cowboy maintained shooting to teach and train both the rider and the horse.

ARENA POLO  
SATURDAY – 10:30 – 11:45 A.M.  
– OUTDOOR ARENA

His session on Arena Polo will cover the benefits and challenges of implementing this type of program in your region. Arena Polo, or as Will likes to refer to it as “Poor mans Polo” reinforces horsemanship basics. Balance, good control and solid horsemanship are required but games can be played at different levels to ensure safety and fun for the group.

## Louis Wood



Louis, a native Virginian, lives at Mountainview Ranch, the remainder of an original land grant to his family in the Shenandoah Valley of Virginia. His

love of the horse began at an early age as he tagged along with his grandfather, a talented horseman. As soon as he was able, Louis began to assist with the horse breaking, and soon began to realize that there must be a better way than trying to break the horse's spirit into submission. Since those early days, his quest for better ways to communicate with the horse has led him to many experiences, from cowboying and packing into the Canadian Rockies, to working with show riders in virtually every discipline. In 1997, at the urging of clients, Louis began holding horsemanship clinics at the ranch. These have expanded to many parts of the U.S., including opportunities to spend the winter season working with showhunters, jumpers and dressage riders in Wellington, FL. at the prestigious "A" circuit finals. In June of 2003, Louis first took his horsemanship to Europe, where he worked at the Reitbrock Stables in Germany. In 2004 he returned for a second trip to Germany and in 2006 he had the opportunity to travel to Vienna, Austria where he worked with the fabled Arthur Kottas and his daughter Caroline. Louis's communication skills with the horse so impressed the University of Virginia, that in 1999 its Leadership Development Center began offering professional development programs based on Louis' clinic model. Workshops reflecting his principles and practices are now extended to the public and private sectors as well.

**TOOLS TO EMPOWER THE HORSE AND RIDER FOR A MORE EFFECTIVE RELATIONSHIP PART 1**  
SATURDAY – 10:30 – 11:45 A.M.  
– ROUND PEN

Louis will be doing a two-part presentation on Building a Trusting Partnership between Horse and Rider through Better Communication Skills. This session will focus on Building Skills to better empower the Horse and the afternoon session will focus on Building Skills to Empower the Rider.

**TOOLS TO EMPOWER THE HORSE AND RIDER FOR A MORE EFFECTIVE RELATIONSHIP PART 2**  
SATURDAY – 3 – 4:15 P.M.  
– INDOOR ARENA

## Jo-Anne Young



JoAnne has been teaching riding and training horses for over 40 years, and is happy that she is still learning. Every student and every

horse bring fresh challenges that keep life interesting. She has been privileged and blessed beyond her wildest dreams to study with such wonderful instructors as Walter Zettl (dressage coach to Canadian event team when they won bronze at Los Angeles Olympics), Bertin Potter in Germany, Molly Sivewright (FEI judge and past chair of the Fellows of the British Horse Society), Carel Eijkenaar (FEI judge), Eddo Hoestra (F.E.I. Trainer) and Doris Halstead (Physical Therapist and author of "Releasing the Potential: Physical Therapy Modalities for Horse and Rider." Jo-Anne is the author of the M.A. thesis: "Preparing students for riding instructor certification through college curricula."

**SEMI-PRIVATE  
DRESSAGE LESSONS**  
FRIDAY – 9 – 10:15 A.M.  
– OUTDOOR ARENA

Take a semi private riding lesson from JoAnne in dressage. Extra fee is required and can be paid at registration.

**LUNGE LINE EXERCISES TO  
IMPROVE RIDER EQUITATION**  
SATURDAY – 9 – 10:15 A.M.  
– OUTDOOR ARENA

Seat lessons on the lunge have always been required of the riders at the Spanish Riding School in Vienna, Austria. They free the rider to focus solely on feel and balance, removing the distractions of asking the horse to go and steering. The seat had to be perfected before the rider was allowed to touch the reins. This workshop will help instructors experience the benefits of seat lessons on the lunge for themselves and their students as an aid in the pursuit of excellence.



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